# Annual Report and Accounts

REACH LEARNING DISABILITY

2019/20





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## Who We Are and What We Do

Reach's overall goal is to enable people with learning disabilities in Nottinghamshire to achieve a good life in the community. The charity started life as Southwell Care Project in 1999, set up by parents who were worried about the lack of local services for their family member with a learning disability. We now reach people from across the county, supporting 250 regular clients a week at our centres, with a further 160 people a year accessing our outreach activities.

Our day centres are Reach Mansfield, Reach Newark, Reach Southwell, Flower Pod Southwell and Flower Pod Newark. Our centres offer over 60 weekly courses, socials and supported volunteering. Outreach and online courses create further opportunity to gain vital skills and confidence, as do our popular holidays and trips.

In 2019 to March 2020 we ran courses at our Reach Cafe in Balderton. We also began to plan new activities at a community garden site, Flower Pod Newark, in Hawtonville.

Our domiciliary care agency, Reach Learning Disability Care CIC, provides high-quality one-to-one care support for people with learning disabilities. In 2018 this service was rated 'outstanding' by the Care Quality Commission (CQC) – only 2% of adult social care organisations achieve this.

We also run best practice projects to enable people with learning disabilities and their families to achieve a better quality of life. Examples of two such projects can be found on pages 16 and 25. We have also secured new funding to support over 100 family carers.

In March 2020, the advent of the coronavirus pandemic caused us to temporarily close our centres. However, our dedicated staff worked hard to put alternative services in place to enable clients and families to stay safe, well and connected. We are enduringly grateful to our funders, supporters and partners who helped us to reach so many people in need. Please see www.reachuk.org for more information about our crisis response and our stories so far.



# A Strategy for Impact and Growth 2020 - 2023

#### The Issue

People with learning disabilities are at higher risk than other people of poor physical and mental health, loneliness and social exclusion.

#### **Barriers to Inclusion**

Low self-esteem, low confidence, poor skills, negative perceptions, lack of opportunity.

#### **Our Vision**

A community where people with learning disabilities can make a good future for themselves – a safe, healthy and happy life filled with purpose, achievement, opportunity and friendship.

#### **Our Mission**

We work to achieve an enduring and positive impact by supporting all those who place their trust in us – people with learning disabilities, their families and carers. To accomplish this, we will bring together the support of extraordinary people in our community and the imagination, skills, commitment and compassion of our team.

#### What We Offer to Achieve Change

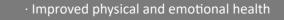
- · Courses and social activities
- · Outreach courses around the county
  - · One-to-one care support
- · Supported volunteering opportunities
  - Volunteer led activities
  - · Supported holidays and trips
  - · Accommodation solutions
    - · Family support
- · Special projects to tackle exclusion.

#### **Our Strategic Direction for Growth 2020-23**

- · Reach more people
- Increase delivery of activities & services to achieve impact
- · Introduce new services to meet identified needs Continue innovating new solutions to promote inclusion.

#### Difference Made

More people with learning disabilities and their families will have: More independent lives with greater voice and choice



- · The skills and knowledge they need to stay safe
- More opportunities to participate in community life.

#### **Impact**

More people with learning disabilities in Nottinghamshire achieve a good life in the community.

#### **Our Values**

- Everything we do should inspire **trust** and **confidence** · We all need to feel **safe**, encouraged and valued
  - Everyone has the right to aspire
- · Understanding **individual needs** takes time and care
- We all have the right to share in the life of the community
- The voices of people with learning disabilities AND their families must be heard
- · Our commitment to high standards must underpin all that we do.

#### **Critical to Success**

- · Expert, knowledgeable, caring staff
- · Dedicated volunteers including peer mentors
  - · Welcoming, accessible venues
  - · Engaged community and funders
  - · Strong networks and partnerships
- · Person-centred, creative, flexible approaches
  - · Reliable income streams
  - · Effective infrastructure
    - · A learning culture.

# **Chairman's Report**

We finished 2019 on a real high with our 20th Anniversary event at the Southwell Minster packed with over 500 people. The service helped us to raise significant sums in our 'double donation' week but, more importantly, it allowed us to showcase our work, raise our profile throughout the county and raise everyone's spirits. Our guest of honour was Valerie Harris, the Charity's founder, who attended with her husband, Bishop Patrick. The evening was a celebration of all things 'Reach' with wonderful client performances throughout.

My report this year would have been one of good news and steady progress were it not for the way in which the pandemic transformed the landscape in the last quarter of the year. It is in times of crisis that you find the true value of your management team and the resilience of the culture within the organisation generally. I am delighted to say that the response has been immense; there has been impressive agility at all levels and the way in which we were able to reach out to our clients and their carers has had a most marked positive effect on their mental health and wellbeing.

We nervously await the final Supreme Court ruling on the Royal Mencap Society v Tomlinson-Blake sleeping nights case. An imminent announcement is expected as I write this report. The shadow of the potentially crippling backdating of the cost of sleeping nights remains over us and many other charities in the sector. Meanwhile, our CQC 'Outstanding' rated domiciliary care service continues to deliver excellent provision of care support.

"Cash is King" is an old management saying but it is especially the case in an economic crisis. Our thanks go to those bodies, both in the public and private sectors, that have supported us with emergency funding and an enlightened approach to contract delivery. Our financial position has been strengthened considerably and we have confidence that we will emerge from the crisis in good shape to enhance further our impact on our wider community.

I am pleased to report the Board has been further strengthened with the additions of Paul Evans

and Brad Poulson. As ever, my thanks go to all my fellow Trustees, our loyal and committed staff and volunteers and everyone that quietly supports us to maintain and develop our work throughout the County.



David with his son Robert

The coronavirus pandemic and the subsequent closure of statutory day service has impacted my son, Robert, and our wider family enormously. We are so pleased that Reach have been able to step in with their Zoom sessions, gardening tasks and activity packages which have been a godsend both for him and for us.

Javi Thompson.

# **Chief Executive's Report**

In personal terms, 2019/20 has not been without challenges. My brother, Richard, died earlier in the year after a long battle with Alzheimer's. Richard never allowed himself to be defined by his Down's syndrome. He was a big personality, a loving and caring person who made new friends every day. I was proud to call Richard my brother and he was the reason I moved into this sector. I hope that Reach will continue to be his legacy for many years to come.

Apart from my brother, this year has seen the loss of some other very special friends of Reach. We lost Katie Welham whose mother, Dianne, was responsible for setting up our very popular Newark Day Service. We also lost Pippa Hughes and Helen Standfield who were really valued members of the charity since its inception in 1999. We will miss them all enormously.

We have undergone a thorough strategic review process in 2019/20 to set our direction of travel for the next three years. Focussed strategy days with both Trustees and colleagues were immensely valuable in this process culminating in a clear and straightforward overview that you can find on page three in this report. Our agreed strategic themes will be very useful in measuring and managing our impact in the coming years.

Whilst a great addition to the Reach portfolio, our new cafe in Newark has not been without its challenges. A lower than expected footfall, particularly through the winter months, followed immediately by the COVID crisis, has made for a very challenging trading environment. Having recently reviewed the position of the cafe, we have made the difficult decision to close this part of our operations.

Our new horticultural base, Flower Pod Newark, is an exciting extension to our overall service delivery. Based on the success of our Flower Pod in Southwell, we know that this will be great news for clients in the Newark area. Our new service will benefit greatly from the available skills and expertise emanating from our original Flower Pod.

Our long-awaited accommodation project is moving smoothly through the phases of its project plan. Having recently received full planning permission, our attention now turns to the challenge of raising the finance necessary to turn the design into reality. As to be expected, there is much interest in the twelve places available in the new houses.

Our CQC 'Outstanding' rated domiciliary care agency, Reach Care, goes from strength to strength, so ably led by our Registered Care Manager. Dani Noquet has set the bar for quality care higher than ever and the response of our critical key workers during the pandemic has been simply amazing.

Quite naturally, the coronavirus pandemic has asked some serious questions of Reach and society as a whole. In our sector, it is clear that the importance of a high quality and varied day service delivery has been more appreciated now than ever before by all stakeholders. I am immensely proud of how we responded to the quickly changing needs of our client group and their families during the crisis. Our Alternative Delivery Plan has been met with much acclaim across the County.

As ever, our many achievements throughout the year, have been due to an immense amount of hard work and commitment to the cause. I remain very proud of all my colleagues, volunteers and Trustees without whom none of this would be possible and I am continually grateful to our funders, supporters and partners who are the true enablers of our work.





Steve with his brother Richard

## **Financial Review**

Reach has seen strong growth this year increasing the total group income to £2,577,164, an increase of 20.6% on last year.

Principle funding for Reach Learning Disability, the charity, continues to come through its charitable activities. Our personal budget income has been again strengthened by our day services' accreditation with Nottinghamshire County Council, together with our maintained contract with their adult learning service (Inspire) and grown with increased service user numbers.

The donations and legacies income has been bolstered by major grants from The National Lottery Community Fund and the Samworth Foundation Young Voices over five years and three years, respectively. Further secured donations have allowed us to work with professional advisors to get our designs and plans approved for our accommodation project, capitalising £108,000 of related costs.

Reach Learning Disability Care CIC, our domiciliary care business, rated 'Outstanding' by the Care Quality Commission (CQC) delivered a turnover of £1,424,845, an increase of 13.6% on last year. This

has resulted in an increased donation to the charity of £98,500.

Reach Cafe, a Community Interest Company, opened during the year. Unfortunately, it did not meet our business aspirations due to low footfall, difficult winter trading and its imposed closure due to the coronavirus pandemic in March 2020. The resulting deficit in the year was £20,248. After reviewing the viability, and in light of continued social restrictions, the Trustees approved a recommendation in September 2020 to close Reach Cafe.

For the year ended 31st March 2020 the group has achieved a surplus of £185,134, with an unrestricted component of £67,091.

Our cash balances total £261,793 at the end of the year. Our objective will be, as social restrictions remain, to strengthen this position as we go into the next financial year by accessing emergency funding and grants, continuing to seek funding for the next phase of our accommodation project and providing an alternative to face-to-face delivery of our day service to ensure the maintenance of our Local Authority funding.



# People with Learning Disabilities in Nottinghamshire



## About the people we support

- There are around 16,000 adults in Nottinghamshire with a learning disability (Nottinghamshire Joint Strategic Needs Assessment: Learning Disabilities 2019)
- National policy states people with a learning disability have a right to live independently and have a home within their local community, but research suggests there may be restricted housing options for people with learning disability in comparison with non-disabled peers (ibid)
- 38% of people with a learning disability died from an avoidable cause, compared to 9% in a comparison population of people without a learning disability (The Confidential Inquiry into premature deaths of people with a learning disability, Heslop et al. 2013)
- Some studies suggest the rate of mental health problems in people with a learning disability is double that of the general population (Cooper, 2007; Emerson & Hatton, 2007; NICE, 2016)
- One in four people interviewed for research said they didn't have any friends ('Loneliness & Cruelty', Gravell 2012)

# What people with learning disabilities and their families tell us

- They are worried about an uncertain future, particularly around housing and care. The current pandemic has focussed people's thoughts on the future; we are receiving more enquiries from existing family carers looking for support with planning ahead, and also more enquiries from people not currently known to us and sometimes not known to any service
- There is a growing and urgent need to find new ways to support people to gain and maintain better physical and emotional wellbeing. Even making small changes brings great benefit
- Many rely on very low incomes and need access to affordable activities
- Patchy public transport limits opportunities for people living in villages and rural areas
- Making and maintaining friendships and safe, positive relationships is a priority for many
- The coronavirus pandemic has revealed that many people with learning disabilities and older carers are digitally excluded and not able to access online services and social opportunities
- People want to feel part of community life, to be respected as active citizens and have more control over their lives.

# Highlights of the Year

Drama
performance
hosted by Reach
Newark.

Mansfield Easter
Concert took
place at Vision West
Nottinghamshire
College.

Reach Newark took a tour behind the scenes at Morrisons and even had a go at decorating a cake.

Reach Cafe
opened on Balderton
Playing Field in
Newark in May.

Free information workshops for family carers hosted by Actons Solicitors.

A grant from Sport
England funded a
partnership project with
Nottinghamshire YMCA
enabling 33 clients to enjoy
archery and canoeing
programmes.

Boccia Boost Bronze Accreditation Status awarded to Reach Mansfield. Volunteer celebrations were hosted by each centre to thank them for their support and dedication.

Reach Mansfield had a great day at the Midland Games playing Boccia and brought home gold medals! Marwa received a
Courage Award at
Mansfield Rotary Club's
annual Courage Awards
celebration.

Flower Pod Southwell hosted a busy Open Day welcoming prospective clients, volunteers, families and funders.

A grant from LNER's Customer and Community Improvement Fund

enabled 18 clients to plan and enjoy day trips by train to York and London. 20th Anniversary at Southwell

Minster held with the kind permission of the Dean and Chapter of Southwell Cathedral. Over 500 people joined us in our anniversary celebrations and enjoyed performances by clients from across Reach.

Media Fun went to a recording studio

to record the song they wrote together in their sessions in Southwell, made possible by YMCA England and funding from our Big Give Christmas Challenge Appeal. Reach van delivered

to support our volunteer project 'All Part of Life' thanks to The National Lottery Community Fund.















# **Average Weekly Client Facing Hours**

Clients enjoyed our Reach Holidays

Courses delivered each week

20 Tours and Talks at Flower Pod Southwell with 470 individuals attending

250
weekly
service users





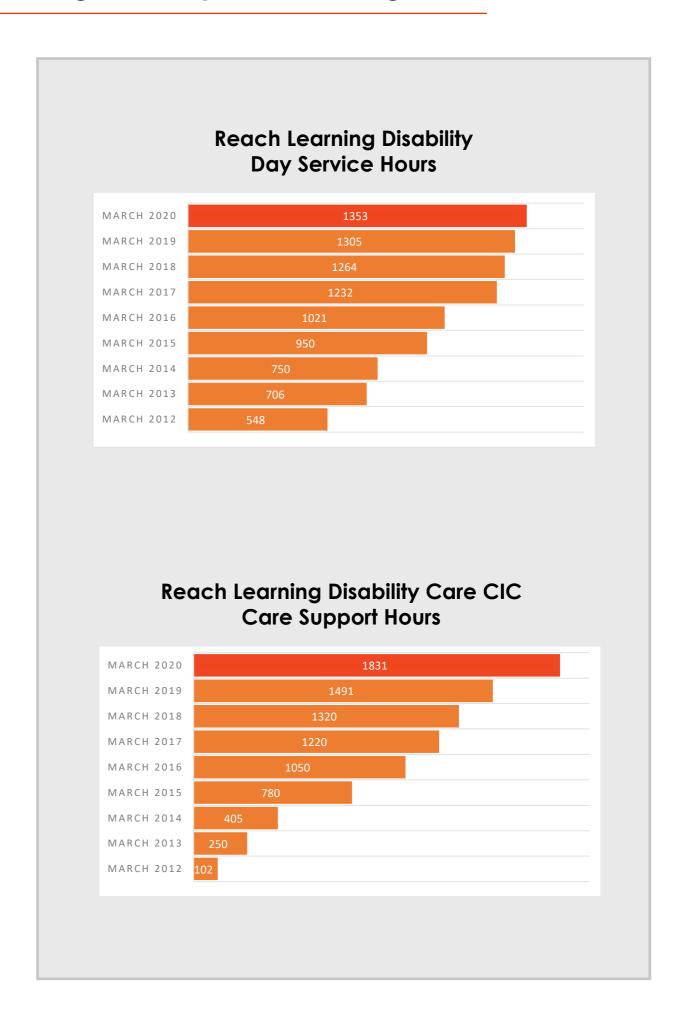
1 9 Outreach Courses

30,000 Volunteer hours

625 volunteer hours per week

167
Learners
on Outreach Courses

Corporate Social
Responsibility
volunteers at
Flower Pod
Southwell



# **Community Fundraising Highlights**

# Thank you to all of our supporters!

#### **Sky Dive**

Mike and Simon took on a sky dive and raised £1,620!

#### Friends of Reach Newark

continued to raise much needed funds selling handmade items.

## **Southwell Rotary**

Club donated £1,437 from the Male Voices at the Minster event.

# Deerstock Music

**Festival** 

donated **£3,000** – thanks to everyone who helped out and joined in the fun.

### Mansfield 10k

22 Reach volunteers and 848 runners took part in another fantastic event.

## Sullivan's Sword

supported Reach as their Charity of the Year.

# Sword Southwell Lions Sponsored Swim

thanks to everyone who took part or donated.

£25K Christmas
Appeal target
exceeded.

#### **Steve Elkin**

completed 5 x 100 mile bike rides, raising **£545.** 

### **Newark Half Marathon**

runners Jess, Andy, Sarah and Lorraine raised £1,635 between them – well done!

#### **Lions East Region**

donated £6,795 to our 'Small Changes Big Difference project' through the District Governor's Appeal.

#### Santa Run

100 runners and volunteers took part in our 2nd Santa Run raising over £1,000.

## **Actons Solicitors**

raised £2,380 by completing a 30 mile sponsored walk.



Upton Duck Race donated £900 to Reach.

Quirky Quiz was

a great success for the

second year.

The Lord Nelson in Winthorpe raised £1,887 throughout the year.

# eacn.

## **Viking Challenge**

generously donated **£4,478**. Thanks to everyone who helped marshal at the event!













Follow us on Social Media to keep up to date with our work

Covid-19 Crisis

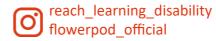
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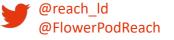
**Response Appeal** 



@ReachLearningDisability
@ReachLDCare

@flowerpodsouthwell





# **Fundraising Statement**

Reach complies with current fundraising regulatory standards. We are registered with the Fundraising Regulator and are committed to the Fundraising Promise and adherence to the Code of Fundraising Practice. Fundraising activity is managed by a small in-house fundraising team who also co-ordinate marketing communications for the entire charity including website and social media platforms.

It has cost the charity £903,366 to provide services to people with learning disabilities this year. Approximately £630,000 came from personal budgets, trading and contracts. We need to raise the balance through fundraising. Fundraised income includes grants, donations from organisations and individuals, events, individual sponsorship, and corporate sponsorship. This income enables Reach to develop and deliver bespoke, person-centred activities.

In 2019 we undertook a public fundraising appeal via the Big Give Christmas Challenge, a national matched funding campaign platform. In March 2020 we launched our own public appeal to raise funds in response to the coronavirus pandemic. This appeal continues at the time of writing and is managed in-house. All privacy notices including our supporter privacy notice are available on our website or from the fundraising team. We do not swap or sell our supporter data. Supporters can change communication preferences at any time. We comply with General Data Protection Regulations, working with colleagues to review and improve policy and procedures.

Our community and events fundraising mostly focussed on third parties raising funds on our behalf including volunteers, companies, sports and community groups. We increasingly 'piggy-back' on national challenge events although we again staged our own Santa Run in December 2019. Organisation of the 2019 Mansfield 10k was passed to Perfect Motion, a professional events company, and we will receive a small donation. Centre staff also organise small events such as fairs and quizzes, supported by our fundraising team.

Service level agreements or contracts are in place and proportionate to our relationships with third parties. These outline key responsibilities, timelines, milestones, target income, handling and processing of monies, data protection and confidentiality, and how our relationship with the third party should be described. We ensure that correct safeguards are in place with parties that are fundraising on our behalf. We explain to them about the Code of Fundraising Practice and ask them to confirm their compliance.

Trustees are informed of performance against fundraising plan and budget at quarterly meetings, and also kept apprised of emerging risk relating to fundraising. A dedicated fundraising committee has been set up to help raise funds for our accommodation project.

Fundraising staff undertake regular training and professional development. Our Fundraising Director is a member of the Institute of Fundraising. She leads the team to regularly review compliance and practice, to address training needs, and to deliver fundraising training and updates to all staff, trustees, volunteers and partners as appropriate. All staff are made aware of our policies and procedures pertaining to fundraising including complaints, ethical fundraising, data protection, and safeguarding of vulnerable people.

Our Fundraising Complaints Policy explains how an individual can complain. We did not receive any complaints in 2019/20 regarding fundraising. Our Ethical Fundraising Policy includes our approach to the protection of vulnerable persons. Both policies are available on our website or from the fundraising team.

# Summary of Fundraising Objectives for 2020-21

- Secure £400,000 in revenue income and small capital grants, including 'crisis grants'
- Commence fundraising for £1.5m accommodation project
- Achieve robust return on effort through grants and third-party support
- Grow diversified, unrestricted income streams to ensure stability and sustainability
- Grow donor base by offering diverse ways to support
- Communicate our impact and stories; show our supporters how they make a difference.

# **Partner Story**

## **Inspire Learning**

Reach has been working with Nottinghamshire County Council's adult community learning team since our early days as Southwell Care Project. We are proud to still be working with Inspire today.

Inspire are a community benefit society that receives funding to deliver community learning to Nottinghamshire residents. Some of this funding is sub-contracted to local organisations, such as Reach, to support adults to take part in learning new skills and hobbies.

Their support will enable us to deliver over 2,000 client learning hours during 2020/21.

Walk into any Reach centre and you'll find a hive of learning activity with people joining in diverse courses from gardening, cookery, singing, sewing, computers, communications skills and lots more. We also deliver outreach courses in residential and supported living settings around the county.



In 2019/20 over 400 people with learning disabilities participated in over 80 courses throughout the year.

Our courses are shaped by the needs of learners and delivered by qualified, experienced tutors. Tutors are supervised and mentored by senior staff to ensure that courses enable individuals to reach their own learning goals. Each centre has a forum where client representatives feed back on people's learning experience and suggest improvements for the future.



For more insight into the work of a Reach tutor please see Gemma's story on page 31.

We really value our working relationship with Inspire. Over the years we have refined and improved our curriculum and enjoyed the opportunity to meet regularly with other Inspire providers to share best practice. We have worked closely with Inspire to understand and meet their expectations as a commissioner.

"Reach are a great partner, who deliver a fantastic range of courses that make a real difference to their learners' lives. As a direct result of our partnership with Reach, Inspire Learning has been able to effectively support the needs of disabled learners by creating new and innovative programmes. Together, we have been able to help our learners to overcome a range of barriers and to make huge strides in their confidence and effectiveness. It has been my pleasure to support Reach over the years, and I look forward to continuing to develop our partnership for the benefit of our community learners, in the years to come."

Ian Bond, Learning Director, Inspire





**County Council** 



# **All Part of Life Project**



## Wayne's Story

**Volunteer Manager** 



of volunteering and the inclusion of people with

#### learning disabilities within the local community.

"After spending twenty-five years working within the legal industry, I decided on a complete career change and moved into teaching, working with vulnerable young people and people with learning disabilities. I was delighted to be selected as Reach's Volunteer Manager in 2019.

"Reach has received funding over several years for our community involvement and volunteering work through Nottinghamshire County Council grant schemes including most recently the Local Improvement Scheme. This has enabled us to develop best practice and ultimately to secure a major grant from The National Lottery Community Fund (TNLCF) to develop volunteering over five years. And the rest as they say is history! We call the project 'All Part of Life' and I'm thrilled to be a part of it. My role as Volunteer Manager involves creating and developing relationships with colleagues, clients, volunteers and organisations (both local and national) to progress volunteering opportunities across Reach. These include volunteering opportunities for people with learning disabilities and local people from the communities around our centres. What I really love about my role is seeing people's confidence and independence grow by having their skills and talents recognised through volunteering.

The TNLCF grant has also enabled us to purchase a van to enable our supported volunteers to participate in volunteering in our community. The van has also been an important part of our crisis response during the pandemic."

#### **Wayne Wilmot**



#### **Project Aims**

- Increase volunteering hours provided by local people in our centres
- Increase volunteering opportunities for adults with learning disabilities
- Improve our recruitment, induction, training and support for volunteers.

# Benefits to Adults with Learning Disabilities

- Reduced social isolation and loneliness due to enhanced social connections and opportunities to be heard
- Raised aspirations for the future due to increased skills and confidence
- A greater sense of belonging to the community by contributing as active
- A greater sense of independence and autonomy.

## All Part of Life

To find out more about our 'All Part of Life' project go to:







## **Volunteer Stories**



## Ian's Story

#### Flower Pod Southwell Volunteer

"My working life has been in the energy industry where I was an electrical engineer. By far the most interesting part was when I was working on renewable energy schemes in the early 1990s when we all started to understand the damage we are causing to the climate. I've been volunteering at Flower Pod for around five years since I retired.

"I had never worked in a socially supportive environment. I knew I could manage the garden activities but I was a bit wary about how capable I could be in supporting the clients, although I knew that this was one of the new areas I was very keen to become involved with. The whole idea of therapeutic horticulture is so well understood and the fact that the Pod is part of the overall aim of Reach to provide security to adults with learning disabilities and their families is such a good one.

"I needn't have worried about working with the clients. They are such a rewarding and welcoming group of people. There are so many different garden jobs to be done that there are always clients happy to join in and when the sun is out and everybody is outside working, chatting, singing and laughing it is a really uplifting experience. Of course, sometimes it is cold and wet but we can usually persuade most people to spend some time on gardening one way or another.

"I love being at the Flower Pod for two main reasons. Ornamental gardening is a big interest for me and to be spending time with other volunteers, clients and staff growing beautiful flowers and expanding the garden in peaceful surroundings is wonderful. Secondly, the friendship, fun and warmth that is always there gives such an uplifting boost to our lives."





## Lindsay's Story

#### **Reach Newark Volunteer**

"I have been coming to Reach for about two years. I originally started as a client, but then began volunteering at the Reach Newark centre. I help set up, serve refreshments, support service users and pack away. The best thing about volunteering at Reach is meeting my friends, learning new skills and having a chat.

"I really like the staff at Reach and enjoy helping them and my friends. I feel useful helping the staff and like being part of a team helping everyone.

"My favourite sessions are music, bingo, Zumba, gardening and the adventure group." **Lindsay** 

"Lindsay really enjoys volunteering at Reach. She loves helping others and being given the opportunity to volunteer has increased her confidence and encouraged her to try new things.

"Volunteering has been really positive for Lindsay and she is always very keen to come to Reach and meet the staff and her friends."

Alaric, Lindsay's Dad

## Where We Work





## **Centre Focus**

#### **Reach Mansfield**

Having taken over management of Reach Mansfield from Zelma Hutchinson in November, I feel privileged to be taking our vibrant centre to its next stage, building on Zelma's achievements.

In the past year, we've enjoyed exploring our community. For example, we learnt about our prehistoric past at nearby Cresswell Crags Musuem & Prehistoric Gorge, linking with their Ice Age Journey team to plan a fun, informative day. Participants in our weekly 'Out and About' course chose local facilities to visit – including a return visit to Glazey Place 'paint-your-own' pottery shop!

#### Highlights:

- Marwa received a Courage Award from the Mansfield Rotary Club
- Matthew was accepted into the Special Olympics Boccia team
- Our centre achieved Boccia Boost Bronze accreditation status from Boccia England.

In December we took part in Reach's 20th Anniversary Service; we were all so proud when Lizzie did her reading.

Continuing our commitment to promoting healthier lifestyle choices, we introduced accessible HIIT training. Archery and canoeing were also on the agenda thanks to funding from Sport England and our wonderful delivery partners Nottinghamshire YMCA.

In January students from Yeoman Park Academy, a local specialist education provider, took part in 'Cook and Eat' taster sessions and learnt about future support options. We look forward to further joint working with Yeoman Park and other local providers in the future.

Our staff team have also continued in their own learning and self-development. One of our two apprentices has now progressed into a tutor role.

It was a sad day in March when we closed due to the coronavirus pandemic. But we are proud of our crisis response and we look to the future with optimism.

Maria Williams, Mansfield Manager



We said goodbye to Becca who has worked with us for six years



Adam having fun in the canoeing sessions



Marwa with her Courage Award

## **Centre Focus**

#### **Reach Newark**

Approximately 115 clients a week attend our busy Reach Newark centre. In addition to courses and socials, we offer the chance to get involved in projects that provide enriching experiences.

For example, a Sport England small grant enabled us to partner with Nottinghamshire YMCA to offer exciting archery and canoeing courses. A YMCA sports coach and a Reach Newark tutor worked together to plan and deliver high-quality sports sessions that were accessible, engaging and fun.

In May we welcomed clients and carers from across Reach in a charity-wide Diversity Day. We explored issues around cultures and inclusion with guest speakers, dance workshops and sampling foods prepared by clients and families on the menu.

During Autumn, our tutor Gemma did a fantastic job of bringing together clients from across Reach to prepare for performing at our 20th Anniversary celebration at Southwell Minster including dance and singing. Clients also created displays to explain what a good life in the community means to them. It was lovely to be joined by so many Newark friends on the night including families and volunteers.

Our Friends of Reach Newark group once again did us proud with fundraising events like the popular Christmas Fair. We thank all members for their tireless support.

2019 also saw the opening of our Reach Cafe in nearby Balderton. We also began the process of taking over a community garden close to our Hawtonville Centre. We have decided to call this new outdoor centre Flower Pod Newark.

All face-to-face operations temporarily ceased in March 2020 due to the coronavirus pandemic. I was privileged to be asked to lead Reach's day service crisis response, with Vickie Ward taking over the role of Newark Centre Manager on a secondment basis.

**Chantelle Welsher, Newark Manager** 



Performance at 20th Anniversary Celebration



James and Henry baking cakes at the Cafe



Items made by The Friends of Reach Newark

## **Centre Focus**

#### **Reach Southwell**

During 2019, Reach Southwell clients continued to explore their local community and further afield.

An LNER Customer and Community Investment Fund (CCIF) grant enabled us to work with Reach Newark to plan exciting day trips to York and London. Eight Southwell clients learnt about practicalities of planning a journey including using online resources. They also enjoyed a practice visit to Newark Northgate station, receiving a warm welcome from staff. For some people this was their first experience of train travel. By the end of the project, everyone felt confident about using trains and going to new places. Thank you LNER CCIF for helping to broaden our horizons!

Many Reach Southwell clients live at home with older parents. Throughout the year we offered diverse learning opportunities to help those preparing to move out of the family home to gain skills vital for more independent living. For example, our new Moving Forward course was very successful with participants gaining new lifeskills and building confidence in using community facilities.

Reach's 20th Anniversary Service at Southwell Minster was a highlight of the year, with clients performing and acting as charity ambassadors. When our Media Fun Group sang their 'Don't Stop Our Dreaming' song, I don't think there was a dry eye in the house. It seemed so fitting to perform this song about equality to some of the people who set up the charity all those years ago.

Together with our colleagues, clients, families, volunteers and supporters we have found new ways to sustain our connections during the coronavirus pandemic; we won't let the pandemic stop our dreaming for a better world.

**Beverley Rayner, Southwell Manager** 

### **Media Fun Video**

Watch Media Fun perform 'Don't Stop our Dreaming' online at reachuk.org/projects/my-place





Ricky in the recording studio with Media Fun



Rachael learning how to arrange flowers



Learning how to buy tickets for our York trip

## **Centre Focus**

## Flower Pod Southwell Highlights of the Year

We are grateful to the Wates Foundation for their contribution towards Flower Pod's development this year.

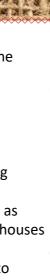


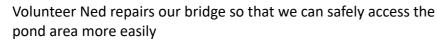
- Clients design and plant a flower bed at Sconce & Devon Park, Newark
- Launch of Energy Champions project funded by the National Grid Community Fund
- Southwell Racecourse bursts into colour with hanging baskets and planters, featuring plants grown by Nottingham Trent University (NTU) horticulture students
- Grace uses skills she's learnt at Flower Pod to arrange flowers for her village hall during Open Garden Weekend
- Volunteer Nicola wins Silver for her Flower Pod inspired border at BBC Gardeners World Live; thank you East Bridgford Garden Centre, Actons Solicitors and NTU for your support
- Centre Manager Jane and volunteer Mark attend Sir John Peace's Lord-Lieutenant's Reception for charities; floral arrangements provided by Flower Pod.



More than 250 visitors enjoy our first Flower Pod Open Day

- Clients return to Sconce & Devon park for some weeding and to meet East Midlands in Bloom judges
- We enjoy a weekend break at YHA Hartington Hall
- Energy Champions install a hedgehog house and start to develop the wildlife area
- Flower festival headbands abound at our fifth Deerstock festival
- August finds us collecting seeds ready for sowing next year and planting over 300 Sweet Williams to be picked next spring for bouquets and natural confetti
- Our 'Poet Tree' features in Southwell Workhouse's Poetry Festival along with a reading by acclaimed poet Henry Normal and Flower Pod clients and volunteers!





- Our second Flower Pod Quirky Quiz fundraiser takes place at Southwell Golf Club
- We launch a joint project with King's Mill Hospital to design a wellbeing garden in their courtyard area
- BBC Radio Nottingham's Alan Clifford's second visit; interviewing clients, staff and volunteers
- We meet NTU horticulture students who will grow plants for us as part of their year two studies; clients visit their industrial greenhouses
- Christmas wreath workshops and market stalls keep us busy
- Energy Champions host a visit from the National Wildlife Trust to conduct a wildlife feasibility study.



 The garden doesn't stop for winter – in January we coppice our willow. The next jobs on our list are building insect houses, bird feeders and fences

- We enjoy a willow workshop delivered by one of our volunteers
- Thanks to a visit and a donation from The Urban Worm, Flower Pod worms will be well fed with manure this year
- Volunteer Action Day: our wonderful team of volunteers give up their Friday to do a big spring clean
- Our Energy Champions project comes to an end; we had so much fun and learned a lot about good sustainability practices
- Corporate Volunteer involvement continues great to welcome new groups and see old friends.



In December our beautiful festive wreath took centre stage at Reach's 20th Anniversary Service at Southwell Minster. The wreath was made by clients, staff and volunteers especially for the 20th Anniversary celebration. As well as from our own site, Sacrista Prebend gardens and NTU Brackenhurst grounds allowed us to forage on their land – a perfect example of the wonderful community support we have.

The candles on the wreath, kindly provided by the Minster, represented how we grew from one centre in 1999 to the diverse organisation we are 20 years on. The variety of foliage celebrates the unique and very special people in our community who have helped to make Reach what it is today.

Jane Hufton, Flower Pod Manager







# **Accommodation Project**

## My Place to Call Home

Building high-quality accommodation for 12 people in Southwell.



A place to call home is a basic human need. But nationally there is a lack of good quality housing for people with learning disabilities. This is a long-standing problem that Mencap identified in their 2002 'Housing Timebomb' report.

In Nottinghamshire, as elsewhere, many people with learning disabilities in their forties and fifties still live at home with older family carers in their seventies and eighties. Often with health care needs of their own, these family carers desperately need a community solution. When parents can no longer provide care, a person with a learning disability will too often find themselves needing to move area to find affordable housing. They are at risk of losing their carer, home, friends and community in one go. Often, people are ill-prepared for such a major transition and, cut off from their support circles, can experience declining physical and emotional wellbeing.

These issues are keenly felt in Southwell, where our charity was established in 1999 by family carers, specifically to find a solution that would allow their family member to remain living in the community where they felt they belonged. Rising property and land prices make the challenge even harder but, twenty years later, we are on the brink of achieving our original aim of building a place to call home for 12 of our clients.

Not a moment too soon, with many families facing crisis situations, Reach now owns the freehold title

of a piece of land in Southwell, and we seek to offer 12 tenants the chance to live in a community where they are safe, supported and able to live the most independent life possible.

We want to create a best practice model to help inform other voluntary sector learning disability service providers seeking sustainable solutions to the housing crisis facing people with learning disabilities and their families. We intend our accommodation design to reflect our values and commitment to quality.



Considerable progress has been made in securing planning permissions, appointing consultants and completing the technical design stage of the project. We have now reached the critical phase of raising the funds necessary to complete the build. The success of the campaign will require enormous support from our local community and supporters who share our vision of a home for people with learning disabilities in the heart of their own community.

If you would like to find out more about our fundraising campaign for this exciting project please contact Julia on Julia.sandhu@reachuk.org.

To find out more about our accommodation project visit:

https://reachuk.org/projects/accommodation-project/



# **ROSE Project**



"Hello, my name is Kay and I am proud to be the ROSE Project Coordinator. ROSE stands for Reach Out Stop Exploitation. This innovative project is one of six funded through Samworth

Foundation Young Voices. It aims to reduce the risk of sexual exploitation faced by people with learning disabilities and to enable their voices to impact on service development. As part of the three-year project, people with learning disabilities train as mentors who then train young people, staff and family carers about staying safe.

"There are currently 14 volunteer ROSE mentors from across Reach. Completing the team is Dani Noquet, Project Manager and Bridget Fisher, Project Consultant." **Kay** 



### **In Numbers**





**36** Young people reached

24 Training hours delivered

**100** Professionals informed about ROSE

"I joined the ROSE team as a mentor in 2019. Activities that helped me feel part of the team were icebreakers and games. I like that the team decides what happens in the project by having discussions about what will happen next. I am really looking forward to being one of

the mentors for the professional training in August, as I feel staff need to hear my voice as part of the stopping sexual exploitation project. My hopes for the future of the ROSE project are to get as many people as possible to know about sexual exploitation. So they know how to spot the dangers and what to do if they get into trouble so they can protect themselves." **Chelsea** (see page 27 for Chelsea's story)

"I really liked the students at St Francis. They were interested in what we were saying. They were willing to learn and got involved in our puzzles and quiz. We helped a new mentor as well so now she can work with us at our schools. I really enjoyed designing the cover logo on the workbook, making it like the flowers and the thorns to protect us." **Isobel** 

"I like being a mentor for the ROSE project as to me it means helping people with disabilities keep themselves safe at all times, online and outside. It helps people be aware of the dangers, change the way they think, how they are online and what to look out for so it can be stopped before it has started." **Lizzie** 



ROSE Mentors - Ricky, Anna and Phil

#### Coronavirus pandemic response 🔞

- Maintaining contact with potential participating organisations
- Supporting mentors with regular welfare calls and Zoom sessions
- Created ROSE 'Stay Safe Online' handout
- Arranged online training for professionals for August 2020.

To keep up to date with The Rose Project visit: <a href="https://www.reachuk.org/projects/rose">www.reachuk.org/projects/rose</a>
Thank you to Samworth Foundation Young Voices

# **Reach Learning Disability Care CIC**





Following the excitement of winning three awards last year, we had decided that 2019 would be a period for consolidation and planning.

Attracting and retaining good quality staff continues to be an issue for our sector. However, this has driven us to recruit a truly diverse team from all walks of life, who add so much value to our service users' lives. Our team includes father and daughter Tony and Emma, who were both new to care. Tony was a former engineering team leader, who wanted a change of career. When his daughter saw how much he was enjoying his new job, she left her checkout role at Lidl to join us too! They are both amazing support workers and show that people without previous experience can make great carers.

Of course, the comprehensive training we offer enables us to develop staff with no previous experience and deliver a high-quality service. I continue to develop my own skills, most recently with a Digital Leadership Course with Skills for Care and the National Carers Forum.

Sadly, we lost two of our long-standing service users this year — Helen Standfield and Richard Shatwell. This was a first for us and continues to affect both their families and our staff. Our End of Life Champion, Sandra Dickinson, has been able to put her learning into practice, and supported us all during this difficult time.





We now have 67 staff supporting 45 service users, either in their own homes, in supported living or with their family, with three new service users since last year.

By February, we recognised the enormity of the pandemic and the need to react robustly to a rapidly changing situation and evolving government guidance. With rigorous planning and the support of our amazing staff and families, Reach Care has continued to deliver high-quality personcentred care. Staff have consistently gone beyond expectations to ensure the safety and wellbeing of our service users.

We are immensely proud of our team's dedication and commitment as we continue to respond to societal changes. With every challenge comes opportunity and we have identified new ways to enable people to feel included in society, reducing risk of social isolation and poor health, and opened new opportunities for participation. More than ever, we are determined to find ways to overcome difficulties through teamwork, innovation and person-centred approaches.

# Dani Noquet, Reach Learning Disability Care CIC Registered Care Manager

To find out more about Reach Care CIC visit:

https://reachuk.org/services/reachcare/





# Chelsea's Story



**Receives support from Reach Care** 

#### "I do have a lovely life" Chelsea

Chelsea is one busy lady - in a typical week she swims, sings, cooks, plays Boccia in the County Team and volunteers at the Reach office too! She has been a long-term Reach client, and grasps every opportunity that Reach offers her, from holidays at Warner Leisure to performing at the Reach 20th Anniversary service.

In 2018, Chelsea moved out of her mum's home into a shared house in Southwell with two other Reach service users. She says "I was really excited about living with other people. My mum was out at work a lot and I don't like being on my own."

Since moving there, Chelsea has developed lots more life skills – from cooking and cleaning, to working an ATM and managing money. Supported by a team from Reach Care, Chelsea now takes turns at shopping and cooking meals with her housemates, cleaning and laundry. Even housework doesn't get her down - she says "I don't see it as a chore, but as something fun to do."

Chelsea has learnt a lot of the skills she needed to live more independently at Southwell Reach's Moving Forward Group and Healthy Cooking Group.

Lockdown put a stop to most of Chelsea's activities, but she has kept busy with gardening, baking and crafts. Her proudest achievement is riding her trike around Southwell, with the help of her support workers. She had it for a while at her parents, but during lockdown her father did it up, and brought it over for her. This has improved her fitness

considerably as she can't walk too far, and she says "I love that trike - it suits me, I would struggle with a two wheeled bike."

"I asked Chelsea to write her Support Plan for using the trike, as she knew what help she needed. She was surprised, but threw herself into it, even pointing out that it might get stolen if she left it outside a shop, so we went to buy a bike lock. Nothing stops Chelsea - she always finds a way round things." Alison, Chelsea's Support Worker

"Chelsea is a pleasure to support, and is always keen to have a go at everything. We work as a team to risk assess all activities and make sure we have adapted them for her physical disabilities and visual impairment, so that she can join in safely. We did this before we first took her out on her trike, and it has been great. We have had such fun with her on the Reach holidays - she is always the last one on the dance floor!" Clare, Chelsea's Support Worker





"She's got her own life now, and has blossomed"

#### Jacqui, Chelsea's mum

"Chelsea was ready to move out from home and I had hoped it would happen, but could never see how. Then everything came at the right time. It has worked out really well and she wouldn't have it any other way. It has improved our relationship and she has gained in confidence. She had not been able to use her trike where we were living for the last six years, so I was delighted that we got the trike up and running for her again. I'm over the moon for her - I couldn't be happier."

Jacqui, Chelsea's mum





# **Helen's Story**

#### **Attends Southwell**

Helen is in her fifties and lives at home with her mum, Shelagh. Helen started at Reach attending Women's Group for one day a week. She was very quiet, lacked self-confidence and needed lots of reassurance and support.

Several years later and Helen attends sessions five days a week, travelling independently by bus. She is working towards moving out of her family home into independent, supported living. This will be an enormous change for both Helen and Shelagh but we are helping them to prepare for this next stage in life.

Helen has been learning the new skills she will need for this transition to be successful and to enable her to lead a more independent life. The activities she participates in are helping her to learn vital life skills like cookery, shopping, looking after her health, managing household chores and how to live



well alongside others. They are also helping her to explore new hobbies and interests.

One of the sessions Helen attends is Media Fun, a performance and arts group. This session enables her to learn about and express her thoughts on contemporary issues and has also vastly improved her confidence and self-esteem. The group initially



performed in front of small audiences but more recently they wrote and performed 'Don't Stop Our Dreaming' in front of hundreds of people at Reach's 20th Anniversary Celebration Service at Southwell Minster.

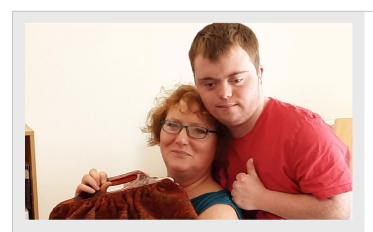
To see Helen performing confidently with her

friends was incredible and far beyond any of her

#### own expectations' years before hand.

Helen also enjoyed volunteering as a Reach Ambassador at the service, welcoming guests and showing them to their seats. The confidence Helen has gained through performance will stand her in good stead for her journey to independence.

**Beverley Rayner, Southwell Manager** 



# Claire's Story

**Mother to James** 

"It was a miraculous turnaround – just a little bit of

#### one-to-one attention motivated him"

"My son James has been part of the Reach family since he left school at 18. After two years at college he needed more to do. He loved his work experience at Gannet's Café, so Chantelle, the Newark Centre Manager, suggested that James helped at the new Reach Cafe.

"James has thrived there – he meets and greets, and with support he takes orders, prepares food and bakes cakes. He takes it very seriously, and it gives him a sense of responsibility when he tells us he is going to work.

"He is a sociable person, and likes to be doing things, to feel he is in charge, and the cafe gives him all of that. He now sees the point of reading and writing and knowing what the time is too.

"So lockdown came as a real blow to James. After a few weeks, he only came out of his room to eat meals, and wouldn't join the Reach Zoom meetings.

"Normally he is really active – always playing cricket and football, and power lifting at the gym. He has autism and Down's syndrome, and lockdown seemed to exacerbate his autistic tendencies.

Find out more about James's story.
Watch our 3 films about how we have responded during the pandemic at www.reachuk.org



"We were so worried that I contacted Chantelle to ask if Reach could help. They arranged to take James out once a week, and to do two individual Zoom meetings every week. That was just enough to boost his self-esteem, and now he is a master at Zoom, and does it independently. It was a miraculous turnaround – just a little bit of one to one attention motivated him."

#### Claire, mother of James





# Lizzie's Story

# — Ž

#### **Attends Mansfield**

"Reach has given Lizzie the opportunity to stand up front and communicate to an audience by providing a platform for her to share her skills and be appreciated. Being involved in Reach's concerts and performances has brought both Lizzie and her family so much joy." **Anne, Lizzie's sister** 

Lizzie has been coming to Reach Mansfield since 2013 and normally attends our Computers and Performing Arts classes. She loves shopping and likes to do PowerPoint presentations to the computer group so she can use her computing skills to share her hobby with others. She doesn't have internet access at home, so the computer class has always been really important to her.

Reach has enabled her to express herself through music, singing, narration and readings and I have seen her confidence grow over the years; being able to perform is very fulfilling for her. She has a lovely speaking voice and was delighted to be asked to do a reading at the Anniversary Service at Southwell Minster.

#### 'I enjoyed the singing and all the signing (Makaton)

#### I felt fantastic.' Lizzie

Lizzie has a brilliant sense of humour and when I asked her if she felt proud of herself doing a reading at Southwell Minster she laughed and said "Oh of course, but don't make me vain". That's Lizzie through and through! She says she loves coming to Reach and taking part in concerts and performances, Reach Mansfield just wouldn't be the same without her!

Maria, Mansfield Manager



# Gemma's Story



#### **Staff Story**

Before joining Reach, I worked at a secondary school in Newark. Through a local volunteering opportunity, I realised how creative and inspiring Reach is and knew I wanted to be a part of it. Now I'm a Tutor at Reach Newark, teaching Creative Communication, Sewing and Craft.

In our creative communications class, learners experiment with storytelling, drawing, music, movement and signing; exploring varied communication styles helps learners to build confidence. In Autumn 2019 we focused on 'My Place'; sharing experiences and feelings through projects like mapping their own life's journey to find their 'place' in the community. I personally benefit from the therapeutic nature of being creative and want to help foster an environment where others can benefit from it.

I loved co-ordinating the client performances at our 20th Anniversary Service; working across Reach and developing my skills. The performances were wonderful, I was so proud and inspired by everyone; clients were walking on cloud nine and genuinely thrilled with their achievement. In the future, I hope to become a licensed Makaton trainer to teach others how to sign so that more people with learning disabilities will be heard.

During the coronavirus pandemic Gemma has been instrumental in finding new ways to support clients such as delivering online courses and activities. Her strong relationships with clients and their families helps them to feel at ease and enables her to recognise when individuals may need additional support.

Gemma, Reach Newark Tutor

# **Reach Holidays**



"My best part of the holiday was all of the activities."

Jamie

the Hollday make me

Feel we coning an a everyonx

was copping my prop

move what I make up

all of my Freinds and

staff want misene

back my best part of

the hall day is all of

me activities and it

ny fist (Mixtwent to

away to ith reach

Jamie



January 2020

Writing to you from

Gunton Hall in

Lowestoft





£3:

"Kirsty really looks forward to her two holidays a year with Reach. She is buzzing when she arrives home. She has become much more confident and outgoing since she started going on the holidays. It gives us a break and helps Kirsty to gain more confidence in her step towards independence."

Marlene, Kirsty's Mum



"I miss my family when I am away but it is nice to come home to them. Everyone on the holidays always has a great time and we all get on really well together."

Kirsty



39 clients went to Gunton Hall July 2019

10 clients went on the Flower Pod holiday to Hartington, Derbyshire





33 clients went on the 25th Reach holiday to Gunton Hall in January 2020

# Structure, Governance and Management

## **Head Office and Delivery Premises**

Reach Learning Disability's principal office is Prebend Passage, Southwell, Nottinghamshire. This is also our Southwell day service centre. Our Reach Newark centre is based at Hawtonville Community, St Mary's Gardens, Newark, NG24 4JQ. Reach Learning Disability Care CIC have their office at our Hawtonville Centre. Our Reach Mansfield Centre operates at St John's Church Hall, St John's Street, Mansfield, NG18 1QH. Flower Pod Southwell, operates at Home Farm, Brackenhurst Lane, Southwell, NG25 OQL. Flower Pod Newark operates at a site next to Eton Court, Newark, NG24 4JB. We hold the freehold title of Springfield Bungalow, Southwell. We hold the tenancy on a community cafe at Coronation Street Playing Fields in Balderton - Reach Cafe CIC.

#### Structure

On 1st April 2014, the Charity's name was officially changed from Southwell Care Project to Reach Learning Disability. It is a company limited by guarantee without a share capital (company number 3724275), and also a registered charity (number 1076318). It is governed by its Memorandum and Articles of Association.

On 3rd May 2011, the Charity set up a wholly owned domiciliary care agency, Reach Learning Disability Care CIC (company number 07619886).

On 30th March 2019, the Charity set up a wholly owned café social enterprise, Reach Cafe CIC (company number 11915426).

## Purposes and Aims

Our charitable object is to provide support and services for people with learning disabilities (including those without a formal diagnosis, those with autism, brain damage and/or whose sensory and communication impairments present a similar barrier to quality of life as living with a learning disability) and their families and carers within a 50-mile radius of Southwell, Nottinghamshire.

## **Delivering Public Benefit**

The Trustees have due regard to the Charity Commission's public benefit guidance in the course of exercising powers or duties relevant to the guidance.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the set aims and objectives.

## Risk Management

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Senior Management Team (SMT) actively review the major operational and business risks which the Charity face on a regular basis and establish systems to mitigate the significant risks. They report on a pre-agreed timescale to the Board of Trustees who actively engage with the SMT when considering the risk likelihood and impact. The organisation completes individual risk assessments in all areas of our work including specific fundraising events and special projects. Where risks have been identified, action is taken to minimise them, and insurance cover is arranged where available and considered prudent.

#### Reserves

It is our policy to maintain unrestricted free reserves at a level which provides funds both to cover three month's operating expenditure of our charitable activities and to mitigate against financial risks in our commercial activities. The level of reserves is reviewed regularly taking into account strategic development plans, financial projections and related cash demands. The Trustees believe that the level of resulting free reserves is adequate and not excessive.

#### Governance

The Company is administered by its Council of Management (The Council), the members of which are

Trustees for the purposes of Charity law and directors for the purposes of Company Law. Senior managers report to Trustees on performance against yearly targets at quarterly Trustee meetings. These meetings are supplemented by focussed meetings for all Trustees in areas such as finance and strategy every year. Further review and planning also take place at Strategy and Audit meetings with designated Trustees and the Senior Management Team. Organisational aims and objectives are reviewed every three years by Trustees and Senior Management team incorporating feedback from all staff, clients, family carers, volunteers and professional contacts.

Directors of the two wholly owned subsidiary companies, Reach Learning Disability Care CIC and Reach Cafe CIC each meet four times a year.

We have an 85% attendance at Board meetings. We ensure the membership of the Board comprises a good mix of the skills required to steer the organisation together with an adequate representation of family carers. Five of our Trustees have been on the Board for more than nine years. In our sector the experience of long-serving Trustees is invaluable especially at this time of our major development initiatives such as accommodation. During 2019 we adopted a policy regarding constitution of the Trustee Board. All Trustees go through a thorough induction process including ensuring their understanding of their statutory responsibilities. They participate in ongoing training relevant to our work including safeguarding and fundraising.

#### Remuneration

The Chief Executive's salary is reviewed annually by the Chairman who makes proposals for the Board to agree. In doing so, information is drawn from the Association of Chief Executives of Voluntary Organisations' (ACEVO) pay survey which analyses by charity income, number of employees, sector and whether it is local, regional or national. The general percentage increase awarded to the staff is also taken into account. The positioning of senior management remuneration is delegated to the Chief Executive and declared to the Board annually.

#### **Affiliations**

We are members of the National Council for Voluntary Organisations, the Association for Real Change and Attend and we subscribe to the Fundraising Levy. We engage regularly with other support agencies including our local Councils for Voluntary Service and carers' networks.

## **Directors' Responsibilities**

Company and Charity Law requires the Council to prepare statements for each financial period, which give a true and fair state of the affairs of the company and of the profit or loss of the company for that period. In preparing those financial statements, the Council are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Council are responsible for keeping proper accounting records which disclose at any time the financial position of the Company and its subsidiary and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and of the group and hence for taking reasonable steps for the prevention and detections of fraud and other irregularities. David Thompson.

Signed on behalf of the Council.

David Thompson, Chairman

# Officers of Reach Learning Disability

## **Council of Management**

#### **David Thompson FCA - Chair**

Formerly Deputy Chief Executive and Finance Director of The Boots Co plc and Non-executive Director of Cadbury Schweppes plc. Formerly Chairman of Nottingham Building Society. Currently Trustee of the Boots Pension Fund. Formerly Chairman of The Nottingham Healthy Living Centre. Father of a son with learning disabilities.

#### **Nick Turner - Deputy Chair**

Retired local businessman. Member of Southwell Lions. Verger at Southwell Minster.

#### **Bob Gardner**

Retired Chartered Accountant. Most of career spent with three UK public companies in senior roles in finance, business development and general management. Father of a daughter who had profound and multiple disabilities.

#### **Madeline Oliver**

Former Radiographer. Mother of a son with learning disabilities.

#### **Keith Harding**

Former Operations and Marketing Executive of The Boots Co plc. Father of a daughter with learning disabilities.

#### **Michael Davidson**

Former Head of Humanities and Religious Education Teacher at Magnus School.

#### Pati Colman

Independent Investigator of Complaints and Employment Matters. Former Complaints Manager, Training Officer and Social Worker for Nottinghamshire County Council. Chair of the Westgate Group for people with disabilities and their families.

#### Julie Payne

Founder member of Westgate Group. 20 year foster carer, former chair roles at local school and Family Care adoption panel. Parent of three sons, one with a physical disability, adoptive parent to two disabled daughters and "mum" to S, who also has disabilities.

#### **Rachel Lannon**

Independent Corporate Business Consultant and Trainer with over 10 years' experience of supporting multinational companies and statutory bodies to improve capabilities and capacity. Former Global Procurement and Operations Manager at Kodak Ltd. Former JP.

#### **Adrian Hartley**

Member of the Nottinghamshire's Learning Disability and Autism Partnership Board, Expert by Experience working with CQC inspectors. Former Health and Social Care Assessor with Tempest Management Training. Father of a son with complex needs.

#### **Dr Bradley Poulson** (Appointed 27th January 2020)

Semi-retired Management Consultant, Academic, and Non-Executive Director. Extensive experience gained working for three of the world's leading IT Services Corporations; and has held CIO and Executive positions within well-known high street Retail, Financial Services, and Public Sector organisations.

#### Paul Evans (Appointed 25th October 2019)

Chief Executive of social mobility charity Leadership Through Sport & Business. Strong background in education, youth services, homelessness and mental health. Passionate about social mobility, inclusion and services that create real and lasting change in peoples lives. Fellow of the Royal Society of Arts and full member of the Chartered Management Institute.

### **Senior Paid Officers**

Stephen ShatwellChief ExecutiveFull timeJulia SandhuFundraising DirectorFull timeAlison HallBusiness Operations DirectorFull timeSharon CardFinance and Administration DirectorFull time

# **Company Particulars**

Registered Office Prebend Passage

Southwell

Nottinghamshire NG25 0JH

**Registered Number** 

3724275

**Charity Number** 

1076318

Secretary

Mr Michael Oliver

**Principal Address** 

Prebend Passage

Southwell Nottinghamshire

NG25 0JH

**Auditor** 

Beeley Hawley & Co Ltd

44 Nottingham Road

Mansfield

Nottinghamshire

NG18 1BL

Bankers CAF Bank Ltd

25 Kings Hill Avenue

Kings Hill West Malling Kent

ME19 4JQ

Solicitors

Browne Jacobson Mowbray House Castle Meadow Road

Nottingham NG2 1BJ

Website

www.reachuk.org



# Report of the Independent Auditors to the members of Reach Learning Disability

We have audited the financial statements of Reach Learning Disability for the year ended 31 March 2020 on pages 40 to 52. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

# Respective responsibilities of council and auditors

As explained more fully in the Directors' Responsibilities set out on page 35, the Council (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

# Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable

assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the council; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Report of the Council to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

## Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2020 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

# Opinion on other matters prescribed by the Companies Act 2006

In our opinion the information given in the Report of the Council for the financial year for which the financial statements are prepared is consistent with the financial statements.

# Report of the Independent Auditors to the Members of Reach Learning Disability

## Matters in which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Council's remuneration specified by law are not made; or
- · we have not received all the information and explanations we require for our audit; or
- the Council were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Report of the Council.

Beeley Hawley & ho 2111.

Ray Callingham (Senior Statutory Auditor)
for and on behalf of Beeley Hawley & Co. Ltd
Chartered Accountants
Statutory Auditors
44 Nottingham Road
Mansfield
Nottinghamshire
NG18 1BL

Date: ......2nd November 2020.....

# Statement of Group Financial Activities for the Year Ended 31st March 2020

	ı	Unrestricted Restricted		2020 Total	2019 Total
		£	£	£	£
Income from:					
No	otes				
Donations & Legacies	3	102,090	393,140	495,230	266,127
Charitable Activities	4	1,981,710	97,823	2,079,533	1,825,444
Other Trading Activities	5	2,335		2,335	44,450
Investments		66		66	199
Total	_	2,086,201	490,963	2,577,164	2,136,220
Expenditure on:	7				
Raising Funds		101,189		101,189	115,713
Charitable Activities		1,940,132	340,920	2,281,052	2,009,450
Governance costs		9,789		9,789	9,968
Total resources used	_	2,051,110	340,920	2,392,030	2,135,131
Net incoming /(outgoing) resources.		35,091	150,043	185,134	1,089
Transfers between funds		32,000	(32,000)		
Total funds brought forward as previously stated		465,711	18,337	484,048	482,959
Funds carried forward	_	532,802	136,380	669,182	484,048

The above statement also serves as the Company's Income & Expenditure Account and the net incoming resources for the year is the excess of income over expenditure. There have been no other recognised gains or losses in the year.

## Balance Sheet as 31st March 2020

Fixed Assets	Notes	Group 2020 £	Group 2019 £	Charity 2020 £	Charity 2019 £
rixeu Assets					
Tangible Fixed Assets	10	313,910	176,386	304,263	174,653
Investment in Subsidiary Co.	6			30,001	30,000
Loan	11	25,000	25,000	25,000	25,000
		338,910	201,386	359,264	229,653
Current Assets					
Stock		700			
Bank balances		261,793	190,515	221,641	171,849
Debtors	12	213,493	210,312	195,355	142,585
		475,986	400,827	416,996	314,434
Creditors - amounts falling					
due within one year	13	145,714	118,165	86,925	60,576
		220 272	202.662	220.074	252.050
Net current assets		330,272	282,662	330,071	253,858
Net Assets		669,182	484,048	689,335	483,511
Net Assets		009,182	404,040	069,333	465,511
Represented by:-	16				
Represented by.	10				
Unrestricted Funds					
General Fund		532,802	465,711	552,956	465,174
		,	,	,	,
Restricted Funds		136,380	18,337	136,380	18,337
		-	-	-	•
<b>Total Funds Carried Forward</b>		669,182	484,048	689,336	483,511

These financial statements have been prepared in accordance with the special provision of part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Council of Management on 2nd November 2020 and were signed on behalf by:

David Thompson.

David Thompson - Chair

# Statement of Group Cash Flows and Statement of Charity Cash Flows for the Year Ended 31st March 2020

	Notes	Group 2020 £	Group 2019 £	Charity 2020 £	Charity 2019 £
Cash used in operating activities	1	225,271	24,559	192,591	57,177
Cash flows from investing activities					
Purchase of fixed assets Investment in subsidiary Interest received		(153,927) - (66)	(166) - (199)	(142,798) (1) -	- (114)
Cash provided by (used in) investing activities	5 .	(153,993)	(365)	(142,799)	(114)
Change in cash and cash equivalents in the year		71,278	24,194	49,792	57,063
Cash and cash equivalents at the beginning of the year		190,515	166,321	171,849	114,786
Cash and cash equivalents at the end of the year	- -	261,793	190,515	221,641	171,849
Reconciliation of net movement in funds to	net cash	flow from op	erating activiti	es	
		Group 2020 £	Group 2019 £	Charity 2020 £	Charity 2019 £
Net movement in funds (as per the statement of financial activities) Adjustments for:		185,134	1,089	205,824	1,501
Depreciation		16,403	13,211	13,188	12,633
Interest received Decrease (increase) in stocks		66 (700)	199	-	114
Decrease (increase) in debtors		(3,181)	(24,183)	(52,770)	20,949
Increase (decrease) in creditors		27,549	34,243	26,349	21,980
Net cash used in operating activities	=	225,271	24,559	192,591	57,177

# Notes to the Financial Statements for the Year Ended 31st March 2020

## 1. Accounting Policies

## **Accounting convention**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

## Group financial statements

The financial statements consolidate the results of the Charity and its wholly owned subsidiaries Reach Learning Disability Care CIC and Reach Cafe CIC on a line by line basis. A separate Statement of Financial Activities, and income and expenditure account, for the Charity itself are not presented because the Charity has taken advantage of the exemptions afforded by section 408 of the Companies Act 2006 and paragraph 397 of the SORP.

## Incoming resources

All incoming resources are included on the Statement of Financial Activities when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

## Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

#### Governance costs

Governance costs include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and Trustees' meetings and reimbursed expenses. Such costs include both direct and allocated support costs.

## Allocation and apportionment of costs

In accordance with the Charities SORP, expenditure has been analysed between the cost of generating funds, charitable activities and governance. Items of expenditure which involve more than one cost category have been apportioned on a reasonable, justifiable and consistent basis for the cost category concerned.

#### Taxation

The Charity is exempt from corporation tax on its charitable activities.

## Fund accounting

All the resources of the Company are either unrestricted funds expendable at the discretion of the Council in the furtherance of the objects of the Company, or restricted funds which are to be used in accordance with restrictions imposed by the donors.

# 2. Financial Performance of the Charity

The consolidated statement of financial activities includes the results of the charity's wholly owned subsidiaries Reach Learning Disability Care CIC and Reach Cafe CIC

The summary financial performance of the charity alone is:-

	2020	2019
	£	£
	_	_
Incoming resources	1,121,668	882,109
Gift aid from subsidiary company	98,500	69,572
	1,220,168	951,681
Expenditure on charitable activities	1,004,555	940,212
Governance costs	9,789	9,968
	1,014,344	950,180
Net incoming/(outgoing) resources	205,824	1,501
Total funds brought forward	483,511	482,010
Total funds carried forward	689,335	483,511
Represented by		
Restricted funds	136,380	18,337
Unrestricted funds	552,955	465,174
	689,335	483,511

# Notes to the Financial Statements - Continued

# 3. Donations and Legacies

	2020	2020	2019
	Unrestricted	Restricted	
	£	£	£
The National Lottery Community Fund - All Part of Life (revenue)		78,613	
The National Lottery Community Fund - All Part of Life (capital)		32,000	
Samworth Foundation Young Voices		66,880	
Mrs S Barnes		50,000	
Mr D Thompson		40,000	
The Edna Szwarc Will Trust	20,000		
Masonic Charitable Foundation		18,880	
The Wates Foundation - Flower Pod Centre Manager		15,000	
The Jones 1986 Charitable Trust	10,000		10,000
The Thomas Farr Charity		10,000	
The Chetwode Foundation		8,000	
Notts County Council Local Improvement Scheme - Reach Together		7,000	7,000
Notts County Council Local Improvement Scheme - Reach Cafe		4,500	
LNER Customer & Community Improvement Fund		6,968	
The Mary Robertson Trust	5,000		
The Reed Foundation (Big Give Christmas Challenge Champion)		5,000	
Portakabin and The Sylvia and Colin Shepherd Charitable Trust		4,800	
The BNA Charitable Incorporated Organisation		3,600	
Easthorpe Common Lands Foundation	2,000		
The David Crane Charitable Trust		1,000	
Mary Potter Convent Hospital Trust		1,000	
Edwinstowe Lodge Freemasons No 3998	1,000		
St James's Place Charitable Foundation	1,000		
Impact Management Programme (a)			47,896
Co-op Local Community Fund - Flower Pod Outdoor Life			14,479
National Grid Community Grant Programme			10,000
Candis Magazine (Big Give Christmas Challenge Champion)			10,000
Co-op Foundation - Building Connections Fund - Community Spaces			9,987
The National Lottery Community Fund - Awards For All			9,383
Sport England (CSAF) (b)			8,917
Sport England - Small Grants Scheme (c)			9,990
The Lady Hind Trust			7,500
The Finnis Scott Foundation			5,000
JN Derbyshire Charitable Trust			5,000
Santander Foundation			4,985
Notts County Council Grant Aid			4,375
Community Donations & Small Charitable Trusts	58,976	1,000	64,568
Big Give Christmas Challenge Donations & Pledges		28,899	30,072
Tax refunds	4,114	10,000	6,975
	102,090	393,140	266,127

<sup>(</sup>a) Impact Management Programme - Funding to develop our impact management processes

<sup>(</sup>b) Funding our Mansfield Active Me project

<sup>(</sup>c) Cross charity sports project, delivered in partnership with Nottinghamshire YMCA

## 4. Charitable Activities

	2020	2020	
	Unrestricted	Restricted	2019
	£	£	£
Reach Learning Disability Care CIC Income	1,424,845		1,254,026
Personal Budgets	448,075		375,301
Inspire Learning		97,823	118,535
Short break holidays & trips	32,320		28,803
Acitivities less than £2,000	16,723		17,543
Flower Sales	14,053		14,792
Room Hire / Workshops	15,183		12,340
Tours & Talks	6,257		4,104
Reach Cafe CIC Income	24,254		-
	1,981,710	97,823	1,825,444

## 5. Other Trading Activities

	2020 £	2019 £
Mansfield 10K Event		33,713
Reach Off Road Event		7,132
Santa Run Event	2,335	3,605
	2,335	44,450

# Notes to the Financial Statements - Continued

# **6. Commercial Trading Operations**

#### **Reach Learning Disability Care CIC**

The wholly owned trading subsidiary Reach Learning Disability Care CIC is incorporated in the United Kingdom and pays all of its profits to the Charity by gift aid. Reach Learning Disability Care CIC provides domiciliary care for adults with learning disabilities in Nottinghamshire. The Charity owns the entire share capital of thirty thousand ordinary £1 shares.

The summary financial performance of the subsidiary alone is:

	2020 £	2019 £
Turnover	1,424,845	1,254,026
Investment income	66	85
Cost of sales and administrative costs	1,326,853	1,184,951
Net profit/(loss)	98,058	69,160
Amount gift aided to the charity	98,500	69,572
Retained in subsidiary	(442)	(412)
The assets and liabilities of the subsidiary were:		
Fixed assets	1,300	1,733
Current assets	185,535	155,965
Current liabilities	(156,740)	(127,161)
Total net liabilities	30,095	30,537
Aggregate share capital and reserves	30,095	30,537

#### **Reach Cafe CIC**

The wholly owned trading subsidiary Reach Cafe CIC is incorporated in the United Kingdom and pays all of its profits to the Charity by gift aid. The Charity owns the entire share capital of one ordinary £1 shares.

The summary financial performance of the subsidiary alone is:

	2020	2019
	£	£
Turnover	24,254	-
Donations	6,331	-
Cost of sales and administrative costs	50,833	-
Net profit/(loss)	(20,248)	-
Amount gift aided to the charity	<u> </u>	
Retained in subsidiary	(20,248)	
The assets and liabilities of the subsidiary were:		
Fixed assets	8,347	-
Current assets	2,152	-
Current liabilities	(30,746)	-
Total net liabilities	(20,247)	-
Aggregate share capital and reserves	(20,248)	

# 7. Expenditure Analysed by Purpose

Salaries, pensions & N.I.         88,606         651,314         7,789         747,709         685,549           Contract labour/IT services         2,462         34,722         37,184         12,560           Advertising         148         781         929         3,094           Training costs         1,515         1,800         3,315         1,541           Travelling         5,416         5,416         8,027           Rent & services         43,936         43,936         41,762           Maintenance & cleaning         15,726         15,726         18,475           Insurance         3,563         3,563         1,348           Office equipment & repairs         11,358         12,098           Printing, post & stationery         130         3,360         3,490         1,127           Telephone/internet         1,216         10,095         11,311         11,498           Website costs         4,389         4,389         4,389         4,389           Software & subscriptions         3,769         6,101         9,870         9,876           Software & subscriptions for fixed assets         1,183         1,183         1,450           DBS checks         50         545		Costs of raising funds	Charitable activities	Governance costs	Total 2020	Total 2019
Contract labour/IT services         2,462         34,722         37,184         12,560           Advertising         148         781         929         3,094           Training costs         1,515         1,800         3,315         1,541           Travelling         5,416         5,416         8,027           Rent & services         43,936         43,936         41,762           Maintenance & cleaning         15,726         15,726         18,475           Insurance         3,563         3,563         1,349           Office equipment & repairs         11,358         11,358         12,098           Printing, post & stationery         130         3,360         3,490         1,127           Telephone/internet         1,216         10,095         11,311         11,498           Website costs         4,389         4,389         4,506           Software & subscriptions         3,769         6,101         9,870         9,836           Professional charges         8,398         8,398         33,554           Audit fee         -         2,000         2,000         2,000           Bank charges         1,183         1,183         1,183         1,450		£	£	£	£	£
Advertising         148         781         929         3,094           Training costs         1,515         1,800         3,315         1,541           Travelling         5,416         5,416         8,027           Rent & services         43,936         43,936         41,762           Maintenance & cleaning         15,726         15,726         18,475           Insurance         3,563         3,563         1,349           Office equipment & repairs         11,358         11,358         11,358           Printing, post & stationery         130         3,360         3,490         1,127           Telephone/internet         1,216         10,095         11,311         11,498           Website costs         4,389         4,389         4,506           Software & subscriptions         3,769         6,101         9,870         9,836           Professional charges         8,398         8,398         33,554           Audit fee         -         2,000         2,000         2,000           Bank charges         1,183         1,183         1,183         1,450           DBS checks         50         545         595         616           Depreciation of f	Salaries, pensions & N.I.	88,606	651,314	7,789	747,709	685,549
Training costs         1,515         1,800         3,315         1,541           Travelling         5,416         5,416         8,027           Rent & services         43,936         43,936         41,762           Maintenance & cleaning         15,726         15,726         18,475           Insurance         3,563         3,563         1,349           Office equipment & repairs         11,358         11,358         12,098           Printing, post & stationery         130         3,360         3,490         1,127           Telephone/internet         1,216         10,095         11,311         11,498           Website costs         4,389         4,389         4,506           Software & subscriptions         3,769         6,101         9,870         9,836           Professional charges         8,398         8,398         33,554           Audit fee         -         2,000         2,000         2,000           Bank charges         1,183         1,183         1,483         1,450           DBS checks         50         545         595         616           Depreciation of fixed assets         13,187         13,187         13,187         12,633	Contract labour/IT services	2,462	34,722		37,184	12,560
Travelling         5,416         5,416         8,027           Rent & services         43,936         43,936         41,762           Maintenance & cleaning         15,726         15,726         18,475           Insurance         3,563         3,563         1,349           Office equipment & repairs         11,358         11,358         12,098           Printing, post & stationery         130         3,360         3,490         1,127           Telephone/internet         1,216         10,095         11,311         11,498           Website costs         4,389         4,389         4,389         4,389         4,506           Software & subscriptions         3,769         6,101         9,870         9,836           Professional charges         8,398         8,398         8,398         33,554           Audit fee         -         2,000         2,000         2,000           Bank charges         1,183         1,183         1,450           DBS checks         50         545         595         616           Depreciation of fixed assets         13,187         13,187         12,633           Short break holidays & trips         25,895         25,895         25,895	Advertising	148	781		929	3,094
Rent & services       43,936       43,936       41,762         Maintenance & cleaning       15,726       15,726       18,475         Insurance       3,563       3,563       1,349         Office equipment & repairs       11,358       11,358       12,098         Printing, post & stationery       130       3,360       3,490       1,127         Telephone/internet       1,216       10,095       11,311       11,498         Website costs       4,389       4,389       4,389       4,506         Software & subscriptions       3,769       6,101       9,870       9,836         Professional charges       8,398       8,398       33,554         Audit fee       -       2,000       2,000       2,000         Bank charges       1,183       1,183       1,450         DBS checks       50       545       595       616         Depreciation of fixed assets       13,187       13,187       12,633         Short break holidays & trips       25,895       25,895       22,797         Clients' flower growing activities       6,034       6,034       4,708         Direct costs of Fundraising Events       3,293       2,301       5,594       31,401<	Training costs	1,515	1,800		3,315	1,541
Maintenance & cleaning       15,726       15,726       18,475         Insurance       3,563       3,563       1,349         Office equipment & repairs       11,358       11,358       12,098         Printing, post & stationery       130       3,360       3,490       1,127         Telephone/internet       1,216       10,095       11,311       11,498         Website costs       4,389       4,389       4,506         Software & subscriptions       3,769       6,101       9,870       9,836         Professional charges       8,398       8,398       33,554         Audit fee       -       2,000       2,000       2,000         Bank charges       1,183       1,183       1,450         DBS checks       50       545       595       616         Depreciation of fixed assets       13,187       13,187       12,633         Short break holidays & trips       25,895       25,895       22,797         Clients' flower growing activities       51,068       51,068       27,576         Clients' flower growing activities       6,034       6,034       4,708         Direct costs of Fundraising Events       3,293       2,301       5,594       31,401 <td>Travelling</td> <td></td> <td>5,416</td> <td></td> <td>5,416</td> <td>8,027</td>	Travelling		5,416		5,416	8,027
Insurance         3,563         3,563         1,349           Office equipment & repairs         11,358         11,358         12,098           Printing, post & stationery         130         3,360         3,490         1,127           Telephone/internet         1,216         10,095         11,311         11,498           Website costs         4,389         4,389         4,506           Software & subscriptions         3,769         6,101         9,870         9,836           Professional charges         8,398         8,398         33,554           Audit fee         -         2,000         2,000         2,000           Bank charges         1,183         1,183         1,450           DBS checks         50         545         595         616           Depreciation of fixed assets         13,187         13,187         12,633           Short break holidays & trips         25,895         25,895         22,797           Clients' flower growing activities         51,068         51,068         27,576           Clients' flower growing activities         6,034         6,034         6,034         4,708           Direct costs of Fundraising Events         3,293         2,301         5,594	Rent & services		43,936		43,936	41,762
Office equipment & repairs         11,358         11,358         12,098           Printing, post & stationery         130         3,360         3,490         1,127           Telephone/internet         1,216         10,095         11,311         11,498           Website costs         4,389         4,389         4,506           Software & subscriptions         3,769         6,101         9,870         9,836           Professional charges         8,398         8,398         33,554           Audit fee         -         2,000         2,000         2,000           Bank charges         1,183         1,183         1,450           DBS checks         50         545         595         616           Depreciation of fixed assets         13,187         13,187         12,633           Short break holidays & trips         25,895         25,895         25,895           Clients' flower growing activities         51,068         51,068         27,576           Clients' flower growing activities         6,034         6,034         4,708           Direct costs of Fundraising Events         3,293         2,301         5,594         31,401           Other costs         2,194         2,194         2,194 </td <td>Maintenance &amp; cleaning</td> <td></td> <td>15,726</td> <td></td> <td>15,726</td> <td>18,475</td>	Maintenance & cleaning		15,726		15,726	18,475
Printing, post & stationery         130         3,360         3,490         1,127           Telephone/internet         1,216         10,095         11,311         11,498           Website costs         4,389         4,389         4,506           Software & subscriptions         3,769         6,101         9,870         9,836           Professional charges         8,398         8,398         33,554           Audit fee         -         2,000         2,000         2,000           Bank charges         1,183         1,183         1,450           DBS checks         50         545         595         616           Depreciation of fixed assets         13,187         13,187         12,633           Short break holidays & trips         25,895         25,895         22,797           Clients' flower growing activities         51,068         51,068         27,576           Clients' flower growing activities         6,034         6,034         4,708           Direct costs of Fundraising Events         3,293         2,301         5,594         31,401           Other costs         2,194         2,194         2,194         2,023           Commercial trading operations - Reach Care         1,326,853	Insurance		3,563		3,563	1,349
Telephone/internet       1,216       10,095       11,311       11,498         Website costs       4,389       4,389       4,506         Software & subscriptions       3,769       6,101       9,870       9,836         Professional charges       8,398       8,398       33,554         Audit fee       -       2,000       2,000       2,000         Bank charges       1,183       1,183       1,450         DBS checks       50       545       595       616         Depreciation of fixed assets       13,187       13,187       12,633         Short break holidays & trips       25,895       25,895       22,797         Clients' activities       51,068       51,068       27,576         Clients' flower growing activities       6,034       6,034       4,708         Direct costs of Fundraising Events       3,293       2,301       5,594       31,401         Other costs       2,194       2,194       2,194       2,023         Commercial trading operations - Reach Care       1,326,853       1,326,853       1,184,951         Commercial trading operations - Reach Cafe       50,833       50,833	Office equipment & repairs		11,358		11,358	12,098
Website costs       4,389       4,389       4,506         Software & subscriptions       3,769       6,101       9,870       9,836         Professional charges       8,398       8,398       33,554         Audit fee       -       2,000       2,000       2,000         Bank charges       1,183       1,183       1,450         DBS checks       50       545       595       616         Depreciation of fixed assets       13,187       13,187       12,633         Short break holidays & trips       25,895       25,895       22,797         Clients' activities       51,068       51,068       27,576         Clients' flower growing activities       6,034       6,034       4,708         Direct costs of Fundraising Events       3,293       2,301       5,594       31,401         Other costs       2,194       2,194       2,194       2,023         Commercial trading operations - Reach Care       1,326,853       1,326,853       1,184,951         Commercial trading operations - Reach Cafe       50,833       50,833	Printing, post & stationery	130	3,360		3,490	1,127
Software & subscriptions         3,769         6,101         9,870         9,836           Professional charges         8,398         8,398         33,554           Audit fee         -         2,000         2,000         2,000           Bank charges         1,183         1,183         1,450           DBS checks         50         545         595         616           Depreciation of fixed assets         13,187         13,187         12,633           Short break holidays & trips         25,895         25,895         22,797           Clients' activities         51,068         51,068         27,576           Clients' flower growing activities         6,034         6,034         4,708           Direct costs of Fundraising Events         3,293         2,301         5,594         31,401           Other costs         2,194         2,194         2,194         2,023           Commercial trading operations - Reach Care         1,326,853         1,326,853         1,184,951           Commercial trading operations - Reach Cafe         50,833         50,833         50,833	Telephone/internet	1,216	10,095		11,311	11,498
Professional charges       8,398       33,554         Audit fee       -       2,000       2,000         Bank charges       1,183       1,183       1,450         DBS checks       50       545       595       616         Depreciation of fixed assets       13,187       13,187       12,633         Short break holidays & trips       25,895       25,895       22,797         Clients' activities       51,068       51,068       27,576         Clients' flower growing activities       6,034       6,034       4,708         Direct costs of Fundraising Events       3,293       2,301       5,594       31,401         Other costs       2,194       2,194       2,023         Commercial trading operations - Reach Care       1,326,853       1,326,853       1,184,951         Commercial trading operations - Reach Cafe       50,833       50,833	Website costs		4,389		4,389	4,506
Audit fee - 2,000 2,000 2,000 Bank charges 1,183 1,183 1,450 DBS checks 50 545 595 616 Depreciation of fixed assets 13,187 13,187 12,633 Short break holidays & trips 25,895 25,895 22,797 Clients' activities 51,068 51,068 27,576 Clients' flower growing activities 6,034 6,034 4,708 Direct costs of Fundraising Events 3,293 2,301 5,594 31,401 Other costs 2,194 2,023 Commercial trading operations - Reach Care 1,326,853 50,833 50,833	Software & subscriptions	3,769	6,101		9,870	9,836
Bank charges       1,183       1,183       1,450         DBS checks       50       545       595       616         Depreciation of fixed assets       13,187       13,187       12,633         Short break holidays & trips       25,895       25,895       22,797         Clients' activities       51,068       51,068       27,576         Clients' flower growing activities       6,034       6,034       4,708         Direct costs of Fundraising Events       3,293       2,301       5,594       31,401         Other costs       2,194       2,194       2,023         Commercial trading operations - Reach Care       1,326,853       1,326,853       1,184,951         Commercial trading operations - Reach Cafe       50,833       50,833	Professional charges		8,398		8,398	33,554
DBS checks       50       545       595       616         Depreciation of fixed assets       13,187       13,187       12,633         Short break holidays & trips       25,895       25,895       22,797         Clients' activities       51,068       51,068       27,576         Clients' flower growing activities       6,034       6,034       4,708         Direct costs of Fundraising Events       3,293       2,301       5,594       31,401         Other costs       2,194       2,194       2,023         Commercial trading operations - Reach Care       1,326,853       1,326,853       1,184,951         Commercial trading operations - Reach Cafe       50,833       50,833	Audit fee		-	2,000	2,000	2,000
Depreciation of fixed assets       13,187       13,187       12,633         Short break holidays & trips       25,895       25,895       22,797         Clients' activities       51,068       51,068       27,576         Clients' flower growing activities       6,034       6,034       4,708         Direct costs of Fundraising Events       3,293       2,301       5,594       31,401         Other costs       2,194       2,194       2,023         Commercial trading operations - Reach Care       1,326,853       1,326,853       1,184,951         Commercial trading operations - Reach Cafe       50,833       50,833	Bank charges		1,183		1,183	1,450
Short break holidays & trips       25,895       25,895       22,797         Clients' activities       51,068       51,068       27,576         Clients' flower growing activities       6,034       6,034       4,708         Direct costs of Fundraising Events       3,293       2,301       5,594       31,401         Other costs       2,194       2,194       2,023         Commercial trading operations - Reach Care       1,326,853       1,326,853       1,184,951         Commercial trading operations - Reach Cafe       50,833       50,833	DBS checks	50	545		595	616
Clients' activities       51,068       51,068       27,576         Clients' flower growing activities       6,034       6,034       4,708         Direct costs of Fundraising Events       3,293       2,301       5,594       31,401         Other costs       2,194       2,194       2,023         Commercial trading operations - Reach Care       1,326,853       1,326,853       1,184,951         Commercial trading operations - Reach Cafe       50,833       50,833	Depreciation of fixed assets		13,187		13,187	12,633
Clients' flower growing activities 6,034 6,034 4,708 Direct costs of Fundraising Events 3,293 2,301 5,594 31,401 Other costs 2,194 2,023 Commercial trading operations - Reach Care 1,326,853 1,326,853 1,184,951 Commercial trading operations - Reach Cafe 50,833 50,833	Short break holidays & trips		25,895		25,895	22,797
Direct costs of Fundraising Events 3,293 2,301 5,594 31,401 Other costs 2,194 2,023 Commercial trading operations - Reach Care 1,326,853 1,184,951 Commercial trading operations - Reach Cafe 50,833 50,833	Clients' activities		51,068		51,068	27,576
Other costs 2,194 2,023 Commercial trading operations - Reach Care 1,326,853 1,326,853 1,184,951 Commercial trading operations - Reach Cafe 50,833 50,833	Clients' flower growing activities		6,034		6,034	4,708
Commercial trading operations - Reach Care 1,326,853 1,326,853 1,184,951 Commercial trading operations - Reach Cafe 50,833 50,833	Direct costs of Fundraising Events	3,293	2,301		5,594	31,401
Commercial trading operations - Reach Cafe 50,833 50,833	Other costs		2,194		2,194	2,023
	Commercial trading operations - Reach Care	9	1,326,853		1,326,853	1,184,951
101,189 2,281,052 9,789 2,392,030 2,135,131	Commercial trading operations - Reach Cafe	!	50,833		50,833	
	- -	101,189	2,281,052	9,789	2,392,030	2,135,131

The heading Salaries, Pensions & NI includes £53,880 in respect of employers NI

# Notes to the Financial Statements - Continued

# 8. Net Incoming / Outgoing Resources

Net incoming resources are stated after charging:

	2020	2019
	£	£
Depreciation	13,187	12,633
Auditors remuneration	2,000	2,000
	15,187	14,633
9. Staff Numbers		
The average number of employees throughout the year was as follows		
202 21 2p. 2 / 2 2 0 0 0 0 0 0 0 0 0 0	2020	2019

2020

12

88

100

12

81

93

No employee, this year or last, had emoluments exceeding £60,000 per annum

## 10. Fixed Assets - Group

Management and administration

Service delivery

	Office Equipment	Other Equipment	Alterations to leasehold premises	Flower Pod	Motor Vehicle	Accommodation	Total 2020	Total 2019
	£	£	£	£	£	£	£	£
Cost brought forward	42,158	11,756	56,855	206,947			317,716	317,716
Additions during year		11,129		4,800	29,998	108,000	153,927	-
Cost carried forward	42,158	22,885	56,855	211,747	29,998	108,000	471,643	317,716
Depreciation								
Brought forward	40,491	11,690	32,239	56,910			141,330	128,119
Charge for year	417	2,798	1,641	11,547			16,403	13,211
Carried forward	40,908	14,488	33,880	68,457	0	0	157,733	141,330
Net Book Value								
At 31st March 2020	1,250	8,397	22,975	143,290	29,998	108,000	313,910	176,386
At 31st March 2019	1,667	66	24,616	150,037	0	0	176,386	

## 11. Loan

A loan was made to Golden Lane Housing Ltd, to assist them in the purchase of 33 Silvey Avenue Southwell, which is used by adults with learning disabilities. It is secured by a second charge on the property, is interest free and only repayable in the event of its sale or cessation of use by people with learning disabilities.

## 12. Debtors

	Group 2020	Group 2019	Charity 2020	Charity 2019
	£	£	£	£
Reach Learning Disability CIC trade debtors	141,409	132,693		-
Inspire Learning	0	31,430		31,430
Personal budgets	55,955	26,696	55,955	26,696
Taxation recoverable	4,594	6,974	4,594	6,974
Others	396	12,519	396	7,913
Reach Learning Disability CIC donation			98,500	69,572
Amount owed by subsidiary company			30,197	0
Prepayments	11,139		5,713	
	213,493	210,312	195,355	142,585

## 13. Creditors

	Group 2020	Group 2019	Charity 2020	Charity 2019
	£	£	£	£
Expense accruals	98,991	66,948	66,634	27,852
Sundry creditors	424	10,632	424	10,632
Trade creditors	6,206	9,110	4,868	8,757
PAYE	34,361	28,951	13,246	12,527
Pensions	5,732	2,524	1,753	808
	145,714	118,165	86,925	60,576

# Notes to the Financial Statements - Continued

## 14. Operating Lease Commitments

At 31 March 2020 the Charity was committed to making the payment of £21,500 during the next year in respect of an operating lease expiring in 2035.

## 15. Payments to Trustees

No expenses were paid to Trustees throughout the year

#### 16. Movement in Funds

	At 01.04.19 £	Net movement in funds £	Transfers between funds £	At 31.03.20 £
Unrestricted Funds				
General Fund	465,711	35,091	32,000	532,802
Restricted Funds	18,337	150,043	(32,000)	136,380
	484,048	185,134	-	669,182
Net movement in funds included in the above	ve are as follows:			
	Incoming resources	Resources expended £		Movement in funds
Unrestricted Funds	_	_		_
General Fund	2,086,201	(2,051,110)		35,091
Restricted Funds	490,963	(340,920)		150,043
	2,577,164	(2,392,030)		185,134

## 17. Analysis of Funds

	General Fund	Restricted Fund	Total
	£	£	£
Tangible Fixed Assets	205,910	108,000	313,910
Loan	25,000		25,000
Cash at Bank and in Hand	233,413	28,380	261,793
Stock	700		700
Debtors	213,493	-	213,493
Creditors	(145,714)	-	(145,714)
	532,802	136,380	669,182

### 18. Accommodation

On 19 December 2018, Reach Learning Disability took possession of the Freehold Title of the property, Springfield Bungalow, Halloughton Road, Southwell upon which we plan to build a facility to accommodate 12 adults with learning disabilities. At this current time, the property itself is subject to an encumbrance by virtue of a Section 106 agreement which will be released once the aforementioned property has been built and is occupied. In our opinion, the value of this encumbrance equates to the open market value of the property as it stands and therefore, at this stage, the only asset value that is recognised on the Balance Sheet is in relation to capitalised costs expended in the planning and design stage.

# **Supporters**



## **LOTTERY FUNDED**















# **Partners**









Writing and layout: Reach staff and Beryl Pettit Photographs: Beverley Rayner, James Turner and Dominic Joyce



Please note some photos were taken before the coronavirus pandemic.

# Thanks to our Supporters

To every person, community, company and organisation who has supported our work - thank you. Your support is helping people with learning disabilities in Nottinghamshire to have a voice and ensures we can be here for our clients and their family carers in Nottinghamshire now and in the future.

**Actons Solicitors** Alfresco Café

Amanda Lee Charitable Trust

**ASDA Newark** Ash Lea School **Bakkavor Desserts Balderton Parish Council** 

Beeley Hawley **Bentley Motors** 

**Boots Corporate Volunteers** 

Brackenhurst Country Womens Club

**Carpet Connection Southwell** 

Christ the King School

Co-op Foundation (Building Connections Youth Fund)

Creswell Crags Museum & Heritage Centre **Cropwell Bishop Growers and Gardeners** 

DJ Hall Funeral Directors

Easthorpe Common Lands Foundation

Easthorpe News/The Old Shop

Edwinstowe & The Dukeries Lions Club

Edwinstowe Lodge No 3998

Experian

**Experian Corporate Volunteers** Farnsfield Local History Society

Fountaindale School Fox and Crown Pub Friends of Reach Newark

**Geoffrey Bond** Glaxo Smith Kline Good News Journal **GPR Construction** Herron Foods, Newark Holy Trinity Football Club Honest Inks Cash 4 Causes Ian Weir Electrical Contractors

Lincolnshire Coop

Lions Club of The Deepings

Lions District 105CE

**LNER Customer & Community Improvement Fund** 

**Lowes Wong Junior School** Mansfield District Council

Marks and Spencer, Nottingham

Mars

Masonic Charitable Foundation

Minster Lodge of Freemasons No 8510

**Morrisons Newark** 

**National Citizens Service** 

National Grid Community Grant Programme

National Grid Corporate Volunteers Newark & Sherwood District Council

Newark Advertiser

Newark and Sherwood Homes Tenants Association

**Newark District Scouts** 

**Newark Northgate Station Staff** 

**Newark Scottish Country Dance Society** 

Newark Working Men's Club

nmcn PLC

**Nottingham Thoroton Society Nottingham Trent University** 

Nottinghamshire Community Foundation

**Nottinghamshire County Council** 

Nottinghamshire County Council - Local Improvement

Scheme

Nottinghamshire Freemasons/The Grand Provincial

Lodge

**Orchard School** Over the Rainbow

Pat & Jed Southgate - Deerstock Music Festival

Pat Dean and Sue Powell Patients 4 Patients

Portakabin and The Sylvia and Colin Shepherd Charitable

Trust

**Portland College** Prime Print

Ridgeway Marketing

Ripley U3A

Robin Hood Lottery

Romax Technology Corporate Volunteers

Rotary Club of Mansfield UK Sandicliffe Commercial Sales' Sainsburys, Balderton Saint Francis' School Lincoln Saint Gobain Formula Newark Saint Peters Lodge 8494

Samworth Foundation Young Voices Southwell & District Lions Club Southwell Baptist Church Southwell Bridge Club Southwell Cricket Club Southwell Garden Centre Southwell Gardening Club

Southwell Life

Southwell Minster

Southwell Racecourse

Southwell Rotary Club

Southwell Scouts

Southwell Town Council

Southwell U3A Gardening Group

Sport England - Small Grants

St James's Place

Stagfield Group

Stamford New College

Staythorpe Power Station

Stormsaver

Stray's Bookshop

Sullivan's Sword

Tesco Mansfield

The BNA Charitable Incorporated Organisation

The Bramley

The Chetwode Foundation

The David Crane Charitable Trust

The Edna Szwarc Will Trust

The Environment Agency Corporate Volunteers

The Hearty Goodfellow

The Jones 1986 Charitable Trust

The Lord Nelson, Winthorpe

The Mary Potter Convent Hospital Trust

The Mary Robertson Trust

The National Lottery Community Fund

The Reed Foundation

The Thomas Farr Charity

The Wine Bank

**Timberland Corporate Volunteers** 

**Tollerton Gardening Club** 

**Upton Cricket Club** 

Viking Challenge

Volunteers - each and every one

Waitrose, Newark

Wates Foundation Yeoman Park School

## Special thanks to our 20th **Anniversary Service supporters**

The Dean and Chapter of Southwell Cathedral

The Very Reverend Dean Nicola Sullivan, Dean of

Southwell

The Right Reverend Patrick Harris and Mrs Valerie Harris

(founding trustee)

The Reverend Canon Dr Richard Frith

Southwell Minster Vergers

Michael Davidson, Reach Trustee

Reach Families and Carers

Reach Clients

**Reach Trustees** 

Reach Volunteers

Reach Staff and Tutors with special thanks to Gemma

Mince pie makers

Refreshments Team

James Turner, Photographer

Faith & Light

Robert Beckett, lighting

# **Partners**

Advocacy 2 Engagement

Inspire

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**ROSE Steering Group & Mentors** 



Watch our latest film at www.reachuk.org to see the work our dedicated staff have been doing during the coronavirus pandemic to support clients and their family carers.

# **Accreditations and Awards**



for Voluntary Service















reach