

# Reach Update

October 2022

Supporting people with learning disabilities in Nottinghamshire to live well

reach



Hello Friends

As Reach Newark's Centre Manager, I know how tough the cost-of-living increase is for many of our clients and families, and just how worried people are. Some have come to Centre Managers like myself for help.

We have developed our Money Matters project to help clients gain the skills and knowledge they need to stay well on a budget. We're also supporting family carers who are struggling with the extra stress of increased costs.

Of course, charities like Reach face major financial challenges at the moment. But, with the help of our supporters, you can trust that our staff will be working creatively and resourcefully to support clients and families in need.

We're asking people to consider supporting our Money Matters project through the Big Give Christmas Challenge. The brilliant thing is that donations can be worth twice as much. So, a gift of £20 is worth £40, helping us to help others.

The Christmas Challenge is only live for one week. Read on to find out how you can make one donation but have double the impact.

*Vickie*

Vickie Ward  
Reach Newark Centre Manager

## The Big Give Christmas Challenge 2022 — Money Matters

How your donation could make a real difference:

£15



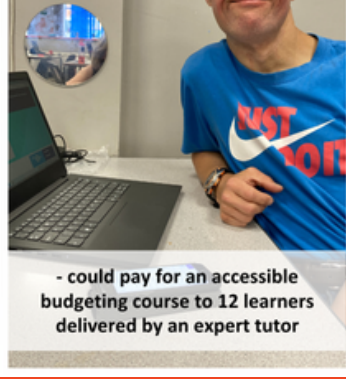
- could pay for ingredients for 'healthy cooking on a budget' course

£25



- could pay for our expert Carers Manager to support a worried carer

£100



- could pay for an accessible budgeting course to 12 learners delivered by an expert tutor

Find out more about Reach's Money Matters Project and the Big Give Christmas Challenge

For an email reminder nearer the time, or for help with your donation, please contact Laura Carr at [laura.carr@reachuk.org](mailto:laura.carr@reachuk.org) or call 01636 819066.

You did it! Thank you to all who donated to our Holidays & More project during last year's Big Give Christmas Challenge — your generous donations helped us make it possible to take 48 clients on holiday to Suffolk in September! Read more about Jamie's time away.

## Spotlight On... Jamie's Reach Holiday Diary

Jamie shares his thoughts about the Reach holiday he went on with his friends:

We haven't been on a Reach holiday for over 2 years because of Covid. I have been looking forward to the day when we could go away. As soon as I found out the holidays were back on I was counting the days down.

Here is what I did on Saturday:

7:15am – Woke up  
8:30am – Cooked breakfast with sausages!  
10:40am – Group meeting  
11:30am – Swimming with my friends  
12:15pm – Lunch  
1pm – Games room to play pool  
2:45pm – Archery - lots of fun!  
3:45pm – Back to the hotel to get ready  
5:30 – Games room  
7:15 – Dinner  
9:30 – Danced until midnight!



"I love going on the holidays as I get to see lots of different people from the different centres and I get to make new friends and have fun."

The best part of the holiday for me is the food as well as the entertainment — I love to dance and sing."



## Southwell Accommodation Update



In August, work began on the second storey of the building and by September the timber for the roof was being raised. Builders are continuing to make the accommodation watertight for the winter, when work inside will be going ahead.

[View more photos...](#)

## Share Reach Care's Recruitment Film!

As Reach Care continues to meet the challenge of recruiting one-to-one support staff, we have made a film to showcase how genuinely different we are as a care organisation.

The film features some of our fantastic Reach Care Support Workers supporting our clients to illustrate the many benefits of starting and developing a career in care with us.

The film will soon be available on our [website](#) and social media platforms. We are asking our supporters to please share the film as much and as far as possible to help us find the right people for the role.

Thank you,  
Dawn Moore

Reach Care Administration Manager



Contact Dawn:

07725 746848

[dawn@reachuk.org](mailto:dawn@reachuk.org)



## Ravenshead Winter Fair

Our wonderful volunteer Pat is organising a Winter Fair in aid of Reach.

She still needs helpers on the day as well as donations of clothes rails, clothes hangers, tombola prizes and cakes.

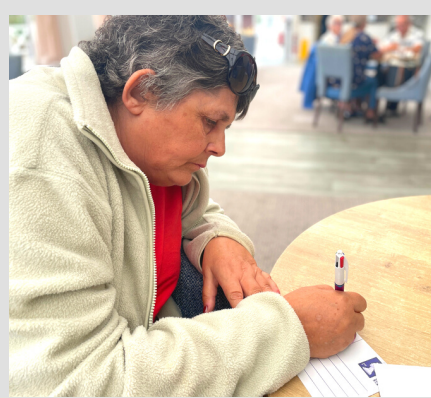
If you'd like to get involved, contact Pat on 07538 956152.

[Find out more...](#)

## Keeping in Touch

Are you happy with how you hear from Reach? You can change how we communicate with you at any time or even stop communication. Go to [www.reachuk.org/opt-in/or](http://www.reachuk.org/opt-in/or) contact [Laura.Carr@reachuk.org](mailto:Laura.Carr@reachuk.org) or call 01636 819066.

[Keep in touch...](#)



## Our Thank You's



David Harris, Premier Modular Managing Director, Flower Pod Newark Clients Jamie and Charlotte and Steve Shatwell, Reach Chief Executive cut the ribbon!

## Flower Pod Newark Event

Flower Pod Newark recently held a special event to say thank you to the many individuals, volunteers and organisations who have helped to develop the site since it opened in Summer 2020.

A huge thank you to the Premier Modular team who donated a three-part modular building and project managed its installation.

Flower Pod Newark clients Charlotte and Jamie cut the ribbon to celebrate!

[Read more...](#)

## Deerstock Festival

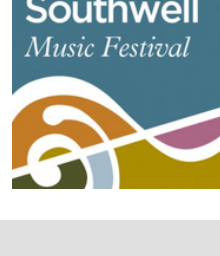
Flower Pod Newark, clients and volunteers had a fantastic weekend at Deerstock, selling crafts and running their headband-making stall.

Many thanks to the organisers and festival-goers!



## Southwell Music Festival

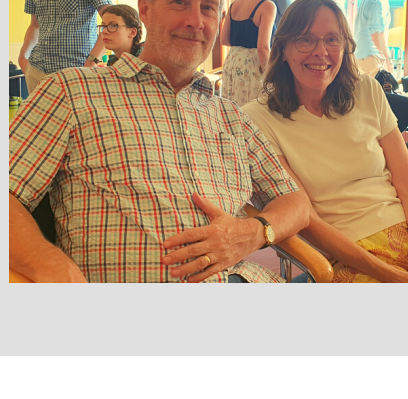
A huge thank you to the Southwell Music Festival who helped us raise £2050 at their Festival Fringe events. Clients, staff and Trustees had a great time collecting. Thank you to the organisers, performers and the audience members who donated so generously.



## Ruby Anniversary Fundraiser

Helen and Malcolm Jowett recently asked their guests to donate to Reach and another charity at their Ruby Wedding Anniversary celebrations. Thank you to all their guests.

If you have an idea for a celebration fundraiser, get in touch today with [Laura.Carr@reachuk.org](mailto:Laura.Carr@reachuk.org) — we can support you with materials, easy ways to donate and help to share your fundraiser online.



## Newark Half Marathon

Thank you to Simon Willington, and the team of runners and water station volunteers from UMC Architects for raising money for Reach by taking part in the Newark Half Marathon!

Simon said: "As I volunteer at Flower Pod, I appreciate the benefit that every pound received has for clients, so I would like to thank all those who made donations."

[Read more...](#)



## Make a lasting difference by:

Giving a one-off or regular donation



Leaving a gift in your Will



Volunteering at our centres



@ReachLearningDisability  
@ReachLDCare  
@FlowerPodSouthwell



@reach\_ld  
@FlowerPodReach



reach\_learning\_disability  
flowerpod\_official



[www.reachuk.org](http://www.reachuk.org)



01636 819066



[info@reachuk.org](mailto:info@reachuk.org)

Thank you for your continued support

Reach Learning Disability Registered Address: Prebend Passage, Southwell, NG25 0JH  
Registered Charity Number: 1076318

