

Reach Update

July 2022

Supporting people with learning disabilities in Nottinghamshire to live well

reach

As the cost-of-living crisis worsens, it saddens me to report that life is getting harder for people with learning disabilities and their families. Many of our clients and their carers are finding it difficult to make ends meet. The cost-of-living crisis will also have huge implications for Reach's own finances. Economic uncertainty means that our fundraising income is likely to decrease while our fixed costs continue to increase.



I'm still smiling because our expert staff are rising to the challenge as always, creatively supporting our clients and their families. With your help, we can do more to reach those who rely on the vital services we provide.

That is why we are appealing to you, our community of supporters, to consider making a monthly gift to Reach. Regular income makes a genuine difference to our capacity to meet the needs of some of the most vulnerable people in Nottinghamshire today. If you wish to donate or consider making a regular monthly donation to help us navigate this economic crisis, please click the button below. Thank you.

Warm regards,

Steve Shatwell

Chief Executive

Donate to support local people with learning disabilities today

Go to www.reachuk.org/fundraising/make-a-donation/ to make a gift. If you wish, you can use this page to set up a regular gift to help change local lives every month.

Alternatively, please contact Laura Carr at laura.carr@reachuk.org or call 01636 819066 to make a donation.



How your donation could make a real difference:

£15 could pay for ingredients for a programme of 'healthy cookery on a budget' courses

£25 could pay for our expert Carers Manager to visit a carer struggling to make ends meet

£100 could pay for an accessible budgeting course to 12 people with learning disabilities delivered by an expert tutor

[Donate here](#)

Spotlight on... Chantelle Welshe

Hello,

I've worked at Reach for around 8 years, first on the care side and then as Manager for Reach Newark. These days I have an overarching role across the charity, maintaining and progressing the development of Reach's Day Service activities to meet the needs of adults with learning disabilities across the organisation in collaboration with their families, care providers, the local authority and other agencies.



Throughout the county, everyday life for some people with learning disabilities is extremely difficult. I've seen first-hand how some people face multiple challenges including trying to survive on low incomes. Our staff are skilled at getting to know individuals and working with them to tackle barriers to help them achieve a better quality of life, shaping courses and activities to meet their individual needs. For example, one of our Reach Newark tutors excels at delivering fun numeracy courses, helping people to enjoy working with numbers and understand how to manage money, budget, check bills and receipts. I enjoy supporting our wonderful centre teams to run the best possible courses that make a real difference to our clients.

Chantelle Welshe
Group Manager: Client Services



Accommodation Project Progress

The foundations are laid, the scaffolding is up and the bricks are stacking ever higher... the Southwell Accommodation Project build is well and truly on the way!

The Accommodation Steering Committee, members of Reach Care and local councillor Penny Rainbow visited the site on 29th June. Penny said: "It was very exciting to see the long awaited build in progress. What an amazing success story — well done!"

[Learn more...](#)

ROSE Project Celebration



On Friday 24th June, mentors from our ROSE Project, professionals from expert agencies, funder representatives, Reach staff and trustees gathered in Nottingham to share learning and celebrate the achievements of this innovative project.

Over three years, the mentors have delivered training on how to stay safe and identify good relationships to hundreds of young people with learning disabilities in our region. They have also delivered training to education, health and social care professionals and family carers, helping to share important information about staying safe online and in the community.

We would like to thank the mentors, the fantastic project team — Kay, Bridget, Dani and Romany — and the Samworth Foundation for selecting our ROSE project as one of six to be supported through their Young Voices programme to influence and effect change in the prevention of sexual exploitation. We will be sharing learning and resources soon.

Samworth Foundation

[Find out more about the ROSE Project...](#)

Reach Challenge Events

A team from UMC Architects and local runner Simon Willington are running for Reach at the Newark Half Marathon in August — that means we only have one place left! We also have five places left to run the Virtual London Marathon for Reach.

Share these opportunities to have fun, get fit and raise some money for Reach with the people you know who like a challenge! Email laura.carr@reachuk.org for more information.

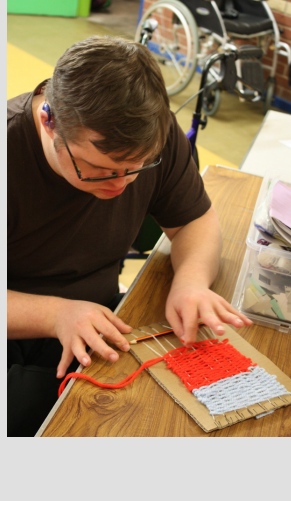
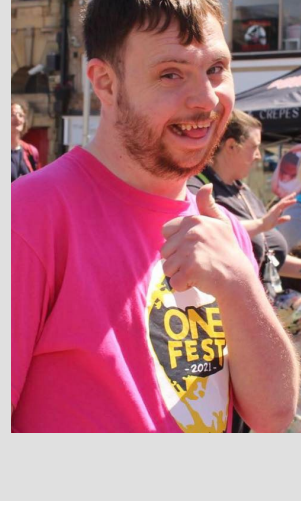
[Read more...](#)



NEWARK HALF MARATHON
AUGUST 14, 2022
Sconce Park, Newark



VIRTUAL LONDON MARATHON
OCTOBER 2, 2022
Location of your choice



Centre Round-Up

Marching, weaving, photography... the list goes on!

Find out about all the fun, educational activities our clients have been up to so far this summer across our five centres.

[Read more...](#)

Southwell Music Festival

Could you volunteer for Reach at the Southwell Music Festival Fringe Events this August? Contact Rachel at rachel.bates@reachuk.org or on 01636 819066 to sign up to collect donations for Reach after the following performances (timings and venue information is to the best of our current knowledge):

Wed 24th — Carlton Male Voice Choir 2.30-3.30 @ Market Place
Thurs 25th — Minster School Musicians 11.00-12.00 @ Methodist Church
Fri 26th — Mirabile Ladies Chamber Choir 11.00-12.00 @ Methodist Church
Sat 27th — Brass on the Grass 2.30-3.30 @ Bishop's Garden
Mon 29th — Katherine Dryden & Southwell String Quartet @ Methodist Church



[Volunteer...](#)



Contact Dawn:

07725 746848

dawn.moore@reachuk.org



[Apply here...](#)

Reach Care Recruitment

Do you know someone who could make a genuine difference as a Reach Care Support Worker? Help them start their career in care today to support people with learning disabilities live happier, healthier lives.

Reach Care can offer:

- One-to-one client-facing time that makes a genuine difference
- £19,760 p/a (£9.50 p/h), increasing to £20,488 (£9.85) after probation
- Full-time and part-time roles
- Flexible work shift patterns
- High-quality face-to-face and online training
- Regular wellbeing meetings
- Support from our experienced senior care management team

Thank You to Our Volunteers!

During Volunteers' Week in June, Reach held celebration events at each centre to say thank you to our volunteers in recognition of all they do.

Our Volunteer Manager, Wayne Wilmot, said: "Reach recognises and values the significant contribution that our volunteers make across our five sites. Thank you to all our volunteers!"

[Read more...](#)



Make a lasting difference by:

Giving a one-off or regular donation



Leaving a gift in your Will

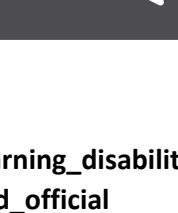


Volunteering at our centres



Keep up to date with Reach by:

Completing a Keeping in Touch form



@ReachLearningDisability
@ReachLDCare
@FlowerPodSouthwell



@reach_ld
@FlowerPodReach



reach_learning_disability
flowerpod_official



www.reachuk.org



01636 819066



info@reachuk.org

Thank you for your continued support



Reach Learning Disability Registered Address: Prebend Passage, Southwell, NG25 0JH
Registered Charity Number: 1076318