## ROSE Newsletter December 2021



The team have had a busy few months. We have started to hold our monthly meetings at Fernwood Village Hall which has enough space for us to meet face to face. We have held three meetings there so far. We spent some time at one of our meetings preparing our contribution to the National Adult Safeguarding week which was from 15th to 21st November. The theme this time was 'Creating Safer Cultures' which contain listening, leading and learning. We decided to make a poster showing how the ROSE project enables organisations to listen to the voice of service users, to see people with LD taking the lead and to learn and put into practice what they say



We have met our project target of delivering training to 120 professionals. These have included people from education, health and social care. We have taken more bookings to deliver face to face sessions with people with learning disabilities. The first of these have been delivered at St Francis school, Lincoln. The class were enthusiastic and the mentors- Charlotte, Lizzie and Phil were very happy to get back into the classroom.



Lizzie and Phil enjoyed the lunch at St Francis school

We can do many more of our interactive activities when we are in the same room as the learners.

We are still looking for more places to work in. We also have started delivering information sessions to family carers. One of them said, "The information was delivered extremely well with opportunity to talk about personal experiences for our adults with Learning Disabilities."

We have been working closely with the Reach communication team. Isobel represents the mentors at these meetings. We have together improved the flyers for our sessions and are adding them to our webpage. Each month a mentor contributes a blog to the webpage – please see these to understand what mentors are feeling and achieving.

Several of the mentors took part in the national Coronavirus and people with learning disabilities survey and the full report is now available. Wave 3 Results (warwick.ac.uk)



The senior mentors (those who took part in the HOPE project) should receive their AQA awards in 'Service User Participation in Sexual Exploitation Awareness' 116099. Anna, Laura, Isobel, Sara and Philip should receive their award in January.

In December, we were asked by Dr Claire Bates of Supported Loving if we could contribute to a webinar supporting the UN 16 days of Activism – stopping violence against women. The session was called Human Rights of women: relationships, peer support and speaking up. Anna and Lizzie gave a short Power point presentation and joined in discussions with over 50 participants including women with LD and a variety of professionals.

sometimes as listening to other women share their personal experiences is a very emotional thing. I was a bit worried about it before I started presenting but I am glad I had a chance to explain what the Rose Project does. 99- Lizzie

At our December meeting the mentors reflected on the project year.



After a morning of hard work, the whole team went to the Tawny Owl for a Christmas meal and celebration.

We wish everyone a healthy and happy 2022!



## **ROSE Stands for.....**

R each – Reach supports everyone working on the project

Out – we are taking a message out to people

**S** top – we want to stop bad things happening

E xploitation – when somebody uses somebody else badly to get what they want

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