

# Staying safe online



Reach want to help you stay safe if you are online.

There are a group of people at Reach who are helping people stay safe.

They are working on the Rose Project.

Here they are. Do you know any of them?



They have some advice for you about people you might meet online.

At the moment, it is difficult for us to meet with our friends. We can feel lonely and we might go online more.



It can be good to connect with people we know well online when we cannot meet face to face.

We might use Zoom or Facetime to talk to people.

Here is a little film about missing someone special.



[https://www.youtube.com/watch?time\\_continue=42&v=gGDhdoraHH4&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=42&v=gGDhdoraHH4&feature=emb_logo)

What good ideas were in that film?

Going online can be fun and useful BUT we must be careful about what we share.

Sometimes we can give out a lot of information about ourselves. We should make sure only people we know and trust can see our information. Look at your privacy settings.

Here's another film – what information is she sharing?



[https://www.youtube.com/watch?v=KGr\\_KFiCX4s](https://www.youtube.com/watch?v=KGr_KFiCX4s)

The ROSE project members have made some rules about staying safe when you are online.

1. Do you really know who you are talking to?
2. Don't share private pictures.
3. Look at your privacy settings.
4. Don't be friends with anyone you don't really know.
5. Don't meet up with someone you have only met online.
6. Don't share passwords.
7. If someone sends you something bad show a person you trust.
8. If something scares or upsets you, tell someone!

Lots of people play games online and they can be playing with people they have never met in real life. Be careful because you don't really know them.



Lots of people use apps on their phones – this is another way to stay in touch with family and friends. We might use WhatsApp for example.

There are lots and lots of apps and we can have fun using them. BUT you must think and if anything seems wrong tell someone you trust.



Most people want someone to love them and be special, especially if they are feeling lonely, but not everyone can be trusted.

Watch this film and think about what is happening.

<https://www.youtube.com/watch?v=j0K0Hj2Yqno&t=76s>

What should Jackie do to stay safe?



We want you to be safe and happy so please go online carefully.

Reach staff will always help you and if you have any worries tell someone at Reach.

**STAY SAFE!**



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