ROSE Newsletter January 2020



Work so far

The project has had an exciting first 6 months. We have recruited a further 7 mentors who have now completed their training and are ready to join the existing 9 Mentors. They will go on to deliver the training to their peers, delivering the important message on how to stay safe and enjoy positive healthy relationships.

We presented at the Nottinghamshire Learning Disability Partnership Board (LDPB) as well as at the Autism Champions Meeting in Lincoln, to an audience of health and social care professionals, this generated lots of interest. A further 4 presentations have been booked for early 2020.

A steering group has been formed and we are delighted to welcome such a knowledgeable and professional group of people to the team. They will support us with the direction of the project, as well as bringing their individual skills and helping us remain focussed. We hope to share more about their professional backgrounds and what they can bring to the project over the coming months.

We will be presenting a short session to the board of trustees of Reach at the end of January 2020. We are committed to ensuring the message is embedded within the organisation to help us communicate the aims of the project.



The Rose Project Team



Dani Noquet - Project Manager.
Dani is Reach Care's Registered
Care Manager. She is passionate
about enabling people with
learning disabilities to achieve a
better quality of life and about
training, seeking to ensure that

the voice and experience of people with learning disabilities informs training content and practice.



Bridget Fisher – Project Consultant.

Bridget was the Project Manager for the Hope Project. She has extensive experience of managing best practice projects and facilitating partnerships between people with learning

disabilities and organisations to find new ways of doing things. Bridget was previously BME lead for the Association for Real Change, an infrastructure organisation supporting learning disability providers.



Vickie Ward – Project Assistant.

Vickie is Reach Newark's
Deputy Manager and
understands the issues faced by
people with learning disabilities
in the Newark area. Vickie has
previously worked in care
support and understands the

importance of a well-trained social care workforce in improving quality of life for people with learning disabilities.

Project Steering Group -

We have established a Project Steering Group to help ensure objectives are met and to extend our networks and sphere of influence. The Steering Group includes two Rose Peer Mentors Phil and Anna, the project team, Adrian Hartley (Reach Trustee), Naomi Russell (Nottinghamshire County Council Adult Social Care and Health), Jan Hargrave (Lincolnshire County Council), Steve Shatwell (Reach Chief Executive) and Julia Sandhu (Reach Fundraising Director)





Charlotte's Story



Charlotte says she enjoys being part of the Rose Project It has given her lots more confidence and made her feel good about herself.

Charlotte says she has made new friends and has learnt about the risks of sexual exploitation.

She feels proud to be part of the Rose project and helping others. keep safe.

ROSE Stands for.....

Reach – supports everyone working on the project

Out – we are taking a message out to people

Stop – we want to stop bad things happening

Exploitation – when some body uses somebody else badly to get what

Lindsey's Story



Lindsey started Reach Newark about a year ago as a shy unconfident young lady. It quickly became clear that the sessions at Reach were enabling Lindsey to develop many beneficial social skills.

We noted that Lindsey particularly enjoyed supporting the staff to set up and clear away for sessions, along with the ladies and social group her confidence began to shine through. Now Lindsey has undertaken a client volunteering role supporting in the music session, this includes liaising with the tutor, support staff and other service users to help facilitate an effective learning environment and develop Lindsey's confidence. Lindsey showed interest in the Rose Project. Although she was a little apprehensive, Lindsey completed the training and is now a mentor. Lindsey's confidence has grown immensely and she is a valued member of the Rose Project.

